



LEARN & GROW COURSE CATALOG

SPRING/SUMMER APRIL - SEPTEMBER 2020



Registration Start Dates

Residents | March 5 | 9:00AM

General Public | March 9 | 8:30AM



TABLE OF CONTENTS

FAQ's	4
Aquatics	5
Art	6 - 9
Crafts	9 - 10
Culinary	10 - 11
Dance	11 - 13
Health & Wellness	13 - 15
History.....	16 - 19
Hobby	19 - 20
Language	22
Literature	22 - 23
Music	23 - 25
Philosophy & Psychology	25 - 26
Photography.....	26 - 27
Science	27
Sports	28 - 29
Technology	29 - 30
Travel	30 - 31
Writing	31
Speaker Series	32 - 33
Plan Your Schedule/Notes.....	34 -35
Registration Information	36 - 37



OUR STORY

In April of 2017, The Villages® Center Community Development Districts Board directed The Villages Community Development Districts Recreation and Parks Department to establish a NEW division of lifestyle services that focuses on community education and enrichment.

The new division, The Enrichment Academy, provides and operates a variety of fee-based, extra-curriculum courses that enhance and expand learning opportunities for residents and the general public. Course curriculum complements the existing resident-led lifestyle and recreation services offered in the recreation facilities, providing even more choices to fulfill our residents' passion for learning.

OUR MISSION

“Committed in helping stimulate and empower participants to learn new skills and become fulfilled in learning through knowledge, mastery, and growth.”

OUR PURPOSE

“To provide and preserve community enrichment and the active lifestyle in The Villages community, Florida’s Friendliest Hometown®.”

OUR VISION

“To create a dynamic personal enrichment culture that meets individual participants’ needs, while being a cornerstone for learning.”

NEVER STOP **LEARNING**, KEEP ON **GROWING!**

6 KEY FACTORS OF COMMUNITY EDUCATION FOR STUDENTS

The Enrichment Academy team welcomes you to a world of fun, friendships and learning! Our team of recreation staff is here to help you explore the variety of services and facilities we offer to enhance your active lifestyle in Florida’s Friendliest Hometown.

- **Students are self-directed.** *(They know what they want to learn.)*
- **They are learners who utilize their own knowledge and experience in the classroom.**
- **They are goal-oriented.**
- **They look at the relevancy of each class topic.** *(They align the relevancy with their own personal objectives.)*
- **They are practical.** *(They interject real life situations in the classroom.)*
- **They encourage collaboration in the group.**
(They appreciate the opportunity to share their real life situations, their goals and their personal objectives.)



FAQ's

Q: How do I register?

A: Register in person, online at www.TheDistrictGov.org or by mail.

Q: Is there a fee to take a course?

A: Yes. There will be a charge for courses, so we may pay our instructors and program operations. Some courses may have an additional supply fee .

Q: Who may attend The Enrichment Academy?

A: Residents and general public, 30 years or older, may register for our courses and programs.

Q: How may I contact and learn more about the instructors?

A: You may see detailed course information and learn more about our instructors on our website. Visit www.DistrictGov.org and hover over the DEPARTMENTS tab. Select RECREATION, then click on the Enrichment Academy button on the right. There you will find a link to contact our instructors.

Q: Where will courses be held?

A: All Enrichment Academy courses will be held at designated Recreation locations, or other approved locations.

Q: How do I become an instructor?

A: Course instructors provide leadership to teach a course that fulfills an educational, social, recreational, emotional or physical need to participants of The Enrichment Academy. All prospective course instructors are required to complete a course instructor application, available on our website www.DistrictGov.org, or at any Regional Recreation Center. Course instructor applications are accepted year round and reviewed bi-annually.

Q: How do I become as a speaker?

A: Speakers are invited to present and educate a crowd on leading-edge research, historical events, innovative techniques, emerging trends, or real-life experiences. All prospective speakers are required to complete a speaker application available on our website www.DistrictGov.org or at any Regional Recreation Center. Speaker applications are accepted year round.

REGISTER TODAY!

ONLINE REGISTRATION

Go to www.DistrictGov.org

Click on Departments

Click on Recreation

Click on The Enrichment Academy Logo (on the right hand side)

View the course catalog and register for classes online!

By Mail: 984 Old Mill Run | The Villages

In Person: Regional Recreation Centers
Monday - Friday | 8:30AM - 4:00PM
Saturday & Sunday | 8:30AM - 12:00PM

AQUATICS

[CARDIO]

HIGH ENERGY AQUATIC TRAINING H.E.A.T

Jeanette Hofmann

High Energy Aquatic Training is an intensive cardio workout with minimal joint impact. Course includes muscle conditioning aided by hydrostatic pressure, providing great cross training for participation in any other sport. **NO CLASS 5/4**

6Day	SeaBreeze Recreation Center	Fee: R\$20 G\$26
AQU07103	M 4/20 - 6/1	3:00 PM - 3:50 PM

6Day	Everglades Recreation Center	Fee: R\$20 G\$26
AQU07104	W 6/10 - 7/15	9:00 AM - 9:50 AM

SWIM: WORKOUT

Don Sheppard

This is not a swim class! For the proficient swimmer this will be a pure 40 minute swim workout consisting of kicks, pulls and full stroke.

6Day	Everglades Recreation Center	Fee: R\$55 G\$61
AQU08102	M Th 4/27 - 5/14	11:15 AM - 11:50 PM
AQU08103	M Th 6/15 - 7/2	11:15 AM - 11:50 PM
AQU08104	M Th 7/20 - 8/6	11:15 AM - 11:50 PM
AQU08105	M Th 8/24 - 9/14	11:15 AM - 11:50 AM

6Day	SeaBreeze Recreation Center	Fee: R\$55 G\$61
AQU08101	M W 3/30 - 4/15	5:15 PM - 5:50 PM

AQUA ZUMBA

Caryn Martin

Move to the beat in the heat while having fun with friends! This aqua class is packed with moves to increase flexibility, develop muscular strength through resistance and interval training to keep your heart beating strong. You can expect to feel like you have had a complete workout in the water without the impact on hips, knees and ankle joints. This class is for anyone who wants to dance like no one is watching while being a part of a much larger aqua tribe who like to have fun through aquatic movement.

6Day	SeaBreeze Recreation Center	Fee: R\$35 G\$41
AQU10101	M W 5/4 - 5/20	4:00 PM - 4:50 PM
AQU10102	M W 6/22 - 7/8	4:00 PM - 4:50 PM
AQU10103	M W 7/15 - 8/3	4:00 PM - 4:50 PM

The Enrichment Academy is committed to helping participants acquire knowledge for growth in mind, body, or spirit.

*Course Supply Fee - In addition to class fee.

WATER WARRIOR BOOT CAMP

Jeanette Hofmann

An aquatic exercise program utilizing Aqualogix* drag resistance equipment (ABS hand bells & leg fins) that turn the pool into a gym. This equipment puts the user in control - the harder they push the more challenging the workout. Drag equipment is effective for all fitness levels to improve muscle strength and endurance.

NO CLASS 5/6

6Day	Everglades Recreation Center	Fee: R\$30 G\$36
AQU11101	W 4/1 - 5/13	9:00 AM - 9:50 AM
AQU11102	W 6/10 - 7/15	10:00 AM - 10:50 AM
AQU11103	W 8/5 - 9/19	9:00 AM - 9:50 AM

[SWIM LESSONS]

SWIM LESSONS: ADULT BEGINNING

Don Sheppard

For those who have fear of the water or can swim a little. The course will help participants overcome fear of the water and develop basic swim skills (freestyle/crawl).

6Day	Everglades Recreation Center	Fee: R\$55 G\$61
AQU04137	M Th 4/27 - 5/14	9:00 AM - 9:35 AM
AQU04138	M Th 6/15 - 7/2	9:00 AM - 9:35 AM
AQU04139	M Th 7/20 - 8/6	9:00 AM - 9:35 AM
AQU04140	M Th 8/24 - 9/14	9:00 AM - 9:35 AM
AQU04141	M Th 4/27 - 5/14	9:45 AM - 10:20 AM
AQU04142	M Th 6/15 - 7/2	9:45 AM - 10:20 AM
AQU04143	M Th 7/20 - 8/6	9:45 AM - 10:20 AM
AQU04144	M Th 8/24 - 9/14	9:45 AM - 10:20 AM

6Day	SeaBreeze Recreation Center	Fee: R\$55 G\$61
AQU04145	M W 3/30 - 4/15	3:00 PM - 3:35 PM
AQU04146	M W 3/30 - 4/15	3:45 PM - 4:20 PM

SWIM LESSONS: ADULT ADVANCED BEGINNER

Don Sheppard

This course is for those who can swim, but want to refine their freestyle skills to include proper stroke form, breathing, and increasing endurance. Participants should be able to swim at least one length of the pool.

6Day	Everglades Recreation Center	Fee: R\$55 G\$61
AQU05124	M Th 4/27 - 5/14	10:30 AM - 11:05 AM
AQU05125	M Th 6/15 - 7/2	10:30 AM - 11:05 AM
AQU05126	M Th 7/20 - 8/6	10:30 AM - 11:05 AM
AQU05127	M Th 8/24 - 9/14	10:30 AM - 11:05 AM

6Day	SeaBreeze Recreation Center	Fee: R\$55 G\$61
AQU05128	M W 3/30 - 4/15	4:30 PM - 5:05 PM



[YOGA]

AQUA YOGA

Caryn Martin

Healing expressions is an aqua class that incorporates Aqua Yoga, Meditation and Stretching. This course is designed for those who might experience limited ROM (Range of Motion) due to arthritis, joint pain and muscular discomfort. Slow mindful movements are used to reduce wear and tear on the joints while allowing the participant to fully experience stretching without pain.

6Day | Everglades Recreation Center Fee: R\$35 | G\$41

AQU09101 Sa 6/20 - 8/1 4:00 PM - 4:50 PM

ART
[PAINTING]

ABSTRACT PAINTING - PLAYFUL EXPLORING STAGE

Arrachme

Learn to move back and forth from right to left brain while painting with acrylics and mixed media. Experience freedom using unique materials. Finish the painting or bring it to the class next week for fine tuning with cold wax and oil class. Call instructor for supply list 828-230-6613, www.arrachmeart.com/classes

1Day | Lake Miona Recreation Center Fee: R\$65 | G\$71

ART86101 Tu 4/14 12:00 PM - 4:30 PM

ABSTRACT PAINTING - FINE TUNING STAGE

Arrachme

Prerequisite - Bring the painting that you created using acrylics in the class Play and Explore Stage. Learn to abstract detail with the left-brain while painting using cold wax and oil. Call instructor for supply list 828-230-6613 or visit website: www.arrachmeart.com/classes

1Day | Lake Miona Recreation Center Fee: R\$65 | G\$71

ART87101 Tu 4/21 12:30 PM - 4:30 PM

PAINT FLOWING WATER

Arrachme

Learn how water paintings can create or enhance all types of painting skills. Finish a painting. No experience needed. Call instructor for SMALL supply list, 828-230-6613 or visit website: www.arrachmeart.com/classes

1Day | Lake Miona Recreation Center Fee: R\$65 | G\$71

ART88101 Tu 5/12 12:30 PM - 4:30 PM

ACRYLIC PAINTING STEP-BY-STEP

Lan Augustus

Step by step you will learn how to apply basic acrylic painting techniques to create your painting. Additional \$15 material fee payable to instructor the first day of class. Instructor will send a supply list via email prior to the start of the class. Contact Lan for supply list: lanaugustus@verizon.net

3Day | Colony Cottage Recreation Center Fee: R\$90 | G\$96

ART11123 [Sarasota Golf Course]	F	4/3 - 4/17	2:00 PM - 5:00 PM
ART11124 [Red Umbrella]	F	5/8 - 5/22	2:00 PM - 5:00 PM
ART11125 [Monarch Butterfly]	F	7/10 - 7/24	2:00 PM - 5:00 PM

4Day | Colony Cottage Recreation Center Fee: R\$110 | G\$116

ART11126 [Great Egret] F 6/5 - 6/26 2:00 PM - 5:00 PM

The Enrichment Academy is committed to helping participants acquire knowledge for growth in mind, body, or spirit.

STRESS-FREE PAINTING ON CANVAS

Teri Stillwaugh

A fun, low-key & stress-free painting class. Each participant is guided through the painting process, all while having fun and socializing with others. Class is geared for people who want whimsical fun-art, not fine-art! Students will complete the 11x14 canvas painting during class. No experience or supplies needed, but students are encouraged to bring an apron. \$10 supply fee payable to instructor.

1Day Lake Miona Recreation Center	Fee: R\$63 G\$69
ART06134 [Flip Flops on Beach] M 7/13	8:00 AM - 11:00 AM

1Day Bridgeport Recreation Center	Fee: R\$63 G\$69
ART06135 [Flying Witch] Sa 9/12	9:00 AM - 11:30 AM

ONE STROKE PAINTING: BEGINNERS BASIC

Teri Stillwaugh

This painting technique was developed by Donna Dewberry, and is designed to bring out the artist in everyone with just a few basic "one stroke" painting combinations. Certified instructor Teri Stillwaugh will guide students through each step to paint various designs such as flowers, leaves, vines, color blending, brush care and much more. Beginners will have fun learning this quick and easy method of painting! No previous painting experience is necessary. Students are required to bring their own supplies. List of required supplies available at time of registration, or from instructor via e-mail at: terisfunart@gmail.com. \$5 supply fee payable to instructor.

2Day Lake Miona Recreation Center	Fee: R\$85 G\$91
ART99101 [Sunflowers & Leaves] F 4/10 - 4/17	1:00 PM - 4:00 PM
ART99102 [Rosebuds & Leaves] Th 5/7 - 5/14	9:00 AM - 12:00 PM
ART99103 [Tulips & Leaves] Th 6/18 - 6/25	9:00 AM - 12:00 PM
ART99104 [Pansies & Leaves] Th 7/16 - 7/23	9:00 AM - 12:00 PM
ART99105 [Rosebuds & Leaves] Th 8/20 - 8/27	9:00 AM - 12:00 PM

WATERCOLORS: LET'S FIND THE ARTIST IN YOU!

Suzanne Svejcar

Join us for a fun time painting step by step while finding the artist in you. The direction is "up" in an exciting, yet comfortable atmosphere finding joy in self expression. We will be completing two paintings: 1 floral and 1 non-floral. All levels are welcome and no drawing skills needed. Supply list provided.

4Day SeaBreeze Recreation Center	Fee: R\$80 G\$86
ART82102 W 4/1 - 4/22	9:00 AM - 11:30 AM

[DRAWING]

COLORED PENCIL: BEGINNER 1

Doree' Voychick

Students will learn the basic techniques for using colored pencils. No art experience is necessary! Individual instruction, demonstration, and written lessons will guide students to make colored pencil art work. Course supplies listed on the receipt.

5Day Eisenhower Recreation Center	Fee: R\$100 G\$106
ART09119 Th 3/26 - 4/23	1:00 PM - 3:30 PM

COLORED PENCIL: 2

Doree' Voychick

In this class, students will learn how to create shadows, use Verithin Pencils, use the colorless blender with a burnishing technique, and make a dusting background. Colored Pencil: Beginner 1 is a pre-requisite. Course supplies listed on the receipt.

5Day Eisenhower Recreation Center	Fee: R\$100 G\$106
ART17110 Th 4/30 - 5/28	1:00 PM - 3:30 PM

HOW TO DRAW 2

Doree' Voychick

This course is designed for the beginner student, who has had some drawing experience and who is interested in expanding their abilities in advanced concepts of drawing. Each week, a new lesson is presented: study of reflected light, folds in fabric, textures in animal fur, reflected light in crystal and body proportions of figure form. Supplies listed on receipt.

5Day Eisenhower Recreation Center	Fee: R\$100 G\$106
ART78103 W 4/1 - 4/29	1:00 PM - 3:30 PM

PORTRAIT DRAWING FOR BEGINNERS

Lan Augustus

With a step-by-step lesson plan, learn basic techniques to draw a portrait from your own photograph. There is a \$12.00 material fee and a small supply list. Contact LAN for more information lanaugustus@verizon.net

6Day Colony Cottage Recreation Center	Fee: R\$100 G\$106
ART101101 F 8/7 - 9/11	2:00 PM - 4:00 PM

*Interested in becoming an Instructor
of The Enrichment Academy?
Visit www.DistrictGov.org
for more information.*

Have Questions? Check the FAQ's on PAGE

4

*Course Supply Fee - In addition to class fee.

[ZENTANGLE]

ZENTANGLE MINDFUL DRAWING FOR BEGINNERS

Jacki Rose

Let Go, Relax, Have Fun! Draw easy to learn structured patterns that create beautiful images in a meditative environment to soft music. Taught to you step by step. No experience necessary. Supply fee of \$5 cash payable to instructor at class.

1Day	Lake Miona Recreation Center		Fee: R\$25 G\$31
ART53105	M	5/4	3:00 PM - 4:30 PM
ART53106	M	6/1	3:00 PM - 4:30 PM

ZENTANGLE: MINDFUL DRAWING

Jacki Rose

Let go, relax and have fun in a meditative environment learning tangle patterns beyond the beginner level. Great for those with some Zentangle experience, but not necessary. \$5 supply fee due at class.

1Day	Lake Miona Recreation Center		Fee: R\$25 G\$31
ART90101	M	5/18	3:00 PM - 4:30 PM
ART90102	M	6/15	3:00 PM - 4:30 PM

[MIXED MEDIA]

PEN & INK REVERSE GLASS PAINTING

Teri Stillwaugh

This fun & EASY painting technique is sure to bring out the "artist" in you! Students will use ink pens to draw design on glass, then enhance the design using oil paints. A variety of designs will be available for students to select. Students will complete design with frame. Everyone can do this without any previous experience! Bring an apron. \$15 supply fee payable to instructor.

1Day	Bridgeport Recreation Center		Fee: R\$75 G\$81
ART93101	Su	4/19	10:00 AM - 1:00 PM
1Day	Moyer Recreation Center		Fee: R\$75 G\$81
ART93102	Sa	6/20	2:00 PM - 5:00 PM
1Day	Colony Cottage Recreation		Fee: R\$75 G\$81
ART93103	Su	7/12	9:00 AM - 12:00 PM
1Day	Eisenhower Recreation		Fee: R\$75 G\$81
ART93104	M	8/24	2:00 PM - 5:00 PM

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CREATIVE POTS & PAVERS

Teri Stillwaugh

Painting on pots & pavers is fun and easy! Get ready to wow your friends with these projects – they make great gifts! No experience or supplies needed, an apron is recommended. \$10 supply fee payable to instructor day of class.

1Day	Moyer Recreation Center		Fee: R\$63 G\$69
ART91101	Sa	5/2	10:00 AM - 1:00 PM
1Day	Allamanda Recreation Center		Fee: R\$63 G\$69
ART91102	Su	6/14	1:00 PM - 4:00 PM
1Day	Eisenhower Recreation Center		Fee: R\$63 G\$69
ART91103	M	8/17	1:00 PM - 4:00 PM

PAINTING ADVENTURES! FRIENDSHIP ROCKS

Teri Stillwaugh

Join the fun and learn how to paint on an assortment of rocks for Easter! It's easy to create a variety of designs, change the look of a rock into a work of art! Use rocks for meditation, friendship exchange, decorations, just for FUN!!! No experience or supplies needed, an apron is recommended. \$10 supply fee payable to instructor day of class.

1Day	Lake Miona Recreation Center		Fee: R\$50 G\$56
ART100101 [Easter Theme]	M	4/6	8:30 AM - 11:00 AM
ART100102	Tu	6/9	2:00 PM - 4:30 PM
1Day	Eisenhower Recreation Center		Fee: R\$50 G\$56
ART100103 [Summer Theme]	M	8/10	1:30 PM - 4:00 PM

PAINTING ADVENTURES! SEASHELL ORNAMENTS

Teri Stillwaugh

Students will transform seashells into beautiful ornaments using a variety of paints & mediums such as; imitation gold leaf, interference & iridescent acrylics, and much more! Don't miss this class! No experience or supplies needed, just bring an apron. \$10 supply fee payable to instructor day of class.

1Day	Lake Miona Recreation Center		Fee: R\$50 G\$56
ART92101	M	4/13	8:30 AM - 11:00 AM
1Day	Allamanda Recreation Center		Fee: R\$50 G\$56
ART92102	Su	6/14	9:00 AM - 11:30 AM

PAINTING ADVENTURES! HALLOWEEN THEME

Teri Stillwaugh

Get ready for Halloween by creating the perfect "Witch Essentials" lotion, potion and spell books. Students will transform ordinary bottles, and books into spooky textured potion, lotion and "spell" books & containers! Don't miss this FUN class! No experience or supplies needed, just bring an apron. \$10 supply fee payable to instructor day of class.

1Day	Bridgeport Recreation Center		Fee: R\$63 G\$69
ART94101	Su	9/13	5:00 PM - 8:00 PM



WATERCOLOR CRYSTAL: BEGINNERS

Teri Stillwaugh
 Students will learn exciting ways to create free-form, amazing versatile watercolor ink crystal techniques in a myriad of different ways. Colors are incredibly vivid, vibrant, and brilliant. Open a world of possibilities for all artists and crafters of every level. \$10 supply fee payable to instructor day of class.

1Day | Eisenhower Recreation Center Fee: R\$63 | G\$69
 ART81105 M 5/18 2:00 PM - 4:00 PM

CRAFT
[JEWELRY]

FAUX METAL JEWELRY PENDANTS

Teri Stillwaugh
 WOW!!! This can't be fake metal! But yes, it is! Make fun faux metal jewelry out of plastic, cardboard and paint! YUP, it will look like expensive designer metal jewelry! EASY and FUN to make outstanding looking jewelry with basic simple steps. No experience or supplies needed, apron recommended. \$10 supply fee payable to instructor day of class.

1Day | Lake Miona Recreation Center Fee: R\$63 | G\$69
 CRA19104 Tu 5/12 9:30 AM - 12:30 PM

1Day | Bridgeport Recreation Center Fee: R\$63 | G\$69
 CRA19105 Tu 8/4 9:00 AM - 12:00 PM

JEWELRY: INTERMEDIATE CHAIN MAILLE

Jenean Best
 Prerequisite: Beginning Chain Maille. Attendees will learn two new weaves: Byzantine and Persian, making a necklace in one weave and a bracelet in the other weave of their choice. All aluminum jump rings and jewelry findings will be provided with payment of materials fee. Bring pliers provided in Beginning Chain Maille class and own magnifying glass or readers. Material fee: \$20.
NO CLASS 9/14

3Day | Eisenhower Recreation Center Fee: R\$44 | G\$50
 CRA23101 M 7/20 - 8/3 2:30 PM - 4:00 PM
 CRA23102 M 8/31 - 9/21 2:30 PM - 4:00 PM



[FLORAL]

FRESH FLOWER ARRANGING

Barb Sadden
 Have you ever purchased a bunch of flowers and wanted to make them into a beautiful table arrangement? Well this is the class for you. You will receive step by step instructions on working with fresh flowers, learning the art of arranging, and finally designing your own table arrangement. By the end, you will have created an original masterpiece and had FUN! Supply fee of \$15 payable to instructor at the beginning of the class.

1Day | Lake Miona Recreation Center Fee: R\$50 | G\$56
 CRA26105 Tu 4/28 12:00 PM - 2:00 PM

[POLYMER CLAY]

POLYMER CLAY: THE EASY WAY

Suzanne Svejcar
 Create projects using polymer clay baked in your own home oven. The class teaches basic techniques, rolling, baking and marbling. We will make flowers, animals, holiday ornaments & forming gem-like faux stones for jewelry. Supplies needed for this class will print out on your confirmation and are listed on our web site.

4Day | SeaBreeze Recreation Center Fee: R\$50 | G\$56
 CRA21104 W 5/6 - 5/27 9:30 AM - 11:30 AM

**NEVER STOP LEARNING,
 KEEP ON GROWING!**

Have Questions? Check the FAQ's on PAGE **4**



[QUILTING]

QUILTING BEGINNER SAMPLER

Inez "Micki" MacCumbee

Make a 12 beginner-block level Sampler Quilt. Sampler Quilts consist of different blocks made with a variety of fabrics. Each class highlights a lesson that together completes a broad base of quilting instruction. \$7 material fee for pattern instruction booklet payable to instructor the first day of class. For fabric needs and supply list, please contact Micki at: maccumbee313@gmail.com

8Day | Lake Miona Recreation Center Fee: R\$65 | G\$71

CRA27102	M	4/20 - 6/8	8:30 AM - 11:00 AM
CRA27103	M	6/22 - 8/17	8:30 AM - 11:00 AM

CULINARY

BEER TASTING 101

Mark Denote

Enjoy craft beer like fine wines. This course will take participants through the world of craft beer and what to expect from beer styles and labels. Beer writer and historian Mark DeNote will share fundamental craft beer information and tasting techniques from soft pilsners to malty porters and IPAs. Supply fee of \$5 to \$10 per class depending upon beer.

1Day | Manatee Recreation Center Fee: R\$25 | G\$31

CUL09104	Th	4/23	5:30 PM - 7:30 PM
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BEER TASTING 102 - LOCAL BEERS

Mark Denote

Florida's craft beer scene is exploding and bars and restaurants are carrying more and more beers. Join author and Cicerone® Mark DeNote as he talks through a variety of beers from breweries within 90 minutes of The Villages. Supply fee of \$5 to \$10 per class depending upon beer.

1Day | Manatee Recreation Center Fee: R\$25 | G\$31

CUL10101	Th	5/14	5:30 PM - 7:30 PM
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BEER TASTING 201 - THE BEERS OF BELGIUM

Mark Denote

Join Cicerone® and author Mark DeNote for a trip through the beers of one of the most diverse beer cultures in the world. Supply fee of \$10 to \$15 per class depending upon beer.

1Day | Manatee Recreation Center Fee: R\$25 | G\$31

CUL11101	Th	5/28	5:30 PM - 7:30 PM
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CAKE DECORATING FOR BEGINNERS

Teri Stillwaugh

Students will learn the basics of cake decorating using buttercream icing: how to level, torte, fill, frost, and decorate a round cake. This fun class is geared for anyone who has ever wanted to try or wants a refresher on basic cake decorating. Students will leave with a beautifully decorated cake and recipes. An apron is recommended, but no experience or supplies needed. \$15 supply fee payable to instructor day of class. No dietary restrictions or accommodations.

1Day | Bridgeport Recreation Center Fee: R\$75 | G\$81

CUL06111	Su	5/10	10:00 AM - 1:00 PM
CUL06112	Su	8/30	5:00 PM - 8:00 PM

COOKIES & CUPCAKE DECORATING FOR BEGINNERS:

Teri Stillwaugh

Have fun learning how to decorate plain cupcakes, using buttercream/fondant and various other decorations to transform ordinary cupcakes & cookies into beautiful, tasty works of art! Students will go home with a boxful of beautiful cupcakes & cookies! No supplies or experience required, just bring an apron. \$15 supply fee payable to instructor day of class. No dietary restrictions or accommodations.

1Day | Bridgeport Recreation Center Fee: R\$75 | G\$81

CUL07105	Su	5/10	5:00 PM - 8:00 PM
CUL07107	Su	8/30	10:00 AM - 1:00 PM

Have Questions? Check the FAQ's on PAGE 4

INTRODUCTION TO WINE: A JOURNEY

Walter Bost

Wine enthusiasts, join Mr. Bost to learn food and wine pairing and explore the world of wine. Premium wine tasting following class time (1:30 PM - 4:30 PM) on 9/17 4:30 PM - 6:00 PM.

2Day		Rohan Recreation Center		Fee: R\$70	G\$76
CUL08103	W	9/16	1:30 PM - 4:30 PM		
	Th	9/17	1:30 PM - 6:00 PM		

DANCE

[BALLET]

BALLET: BEGINNING LEVEL 1

Carolyn Hosman

This class is a safe and gentle way to strengthen muscles, improve flexibility and balance. The format of the class starts with exercises at the barre, then in the center for balance, control and movement. **NO CLASS 5/15, 5/25, 6/19, 9/7**

6Day		Fenney Recreation Center		Fee: R\$56	G\$61
DAN08124	M	4/20 - 6/1	4:15 PM - 5:15 PM		
DAN08125	M	6/8 - 7/13	4:15 PM - 5:15 PM		
DAN08129	M	8/3 - 9/14	4:15 PM - 5:15 PM		

6Day		Saddlebrook Recreation Center		Fee: R\$56	G\$61
DAN08126	F	4/24 - 6/5	3:15 PM - 4:15 PM		
DAN08127	F	6/12 - 7/24	3:15 PM - 4:15 PM		
DAN08128	F	8/7 - 9/11	3:15 PM - 4:15 PM		

BALLET: BEGINNING LEVEL 2

Carolyn Hosman

Students who are new to ballet should complete a minimum of three sessions in Beginning: Level 1 before registering in Level 2 or instructor recommendation.

NO CLASS 5/25, 9/7

6Day		Fenney Recreation Center		Fee: R\$56	G\$61
DAN12125	M	4/20 - 6/1	3:00 PM - 4:00 PM		
DAN12126	M	6/8 - 7/13	3:00 PM - 4:00 PM		
DAN12130	M	8/3 - 9/14	3:00 PM - 4:00 PM		

BALLET: CONTINUING

Carolyn Hosman

This course is for students who have some knowledge of basic ballet positions and steps. It includes barre and floor work, and is a full body workout. Steps across the floor will be revisited, and new ones added.

NO CLASS 5/15, 6/19

6Day		Saddlebrook Recreation Center		Fee: R\$56	G\$61
DAN12127	F	4/24 - 6/5	2:00 PM - 3:00 PM		
DAN12128	F	6/12 - 7/24	2:00 PM - 3:00 PM		
DAN12129	F	8/7 - 9/11	2:00 PM - 3:00 PM		

[BALLROOM]

BALLROOM: LEVEL I ROCK 'N' ROLL SWING

John & Geri Conrad

In the family (style) of Swing - Rock N Roll has the most body animation and rhythmic footwork all to give you the feel and rhythm of the AUTHENTIC STYLE of the rocking 50's, 60's and present upbeat tempos of today. You and your partner will learn the step patterns, timing, lead/follow, style, body moves and interesting footwork to the so popular Rock N Roll music. Partner Required at sign-up.

5Day		Allamanda Recreation Center		Fee: R\$33	G\$39
DAN03111	Th	4/16 - 5/14	4:00 PM - 5:00 PM		

BALLROOM: LEVEL I SOCIAL DANCING

John & Geri Conrad

Many beginners and non dancers have a special request. "Teach me to dance at the Village Squares". This class will train you in a quick and easy way to dance to the most often played music at the squares. You will learn inter-related basic step patterns, Basic Lead & Follow techniques, with Basic style of the dance, all to give you the confidence to become a participant instead of a spectator at these social dance events. Partner required at sign-up.

5Day		Hibiscus Recreation Center		Fee: R\$33	G\$39
DAN47101	Sa	4/18 - 5/16	12:30 PM - 1:30 PM		

BALLROOM: LEVEL 1 HUSTLE-MERENGUE

John & Geri Conrad

Hustle - a partner dance to today's contemporary music is played at the Town Squares and social events. A fun, animated dance with the man leading his partner into showy easy turns in a variety of dance positions. You will also learn how to dance your Hustle dance patterns to it's "sister" Latin dance, the Merengue played on cruises, the town squares, and dance parties. Add these two important dances to your list of accomplished social dances to enjoy with your partner. Partner required at sign-up.

5Day		Hibiscus Recreation Center		Fee: R\$33	G\$39
DAN48101	Sa	4/18 - 5/16	2:00 PM - 3:00 PM		

BALLROOM: LEVEL 1 COUNTRY COMBO

John & Geri Conrad

A Fun, Creative, Easy, and Exciting way to learn a combination of step patterns that can be danced to Country Ballads, Country Two Step and Country Waltz rhythms. Emphasis and instruction for good lead & follow, timing, and style. Become a good country dancer, grab your partner and enjoy country dancing at social dance events. Partner required at sign-up.

5Day		Allamanda Recreation Center		Fee: R\$33	G\$39
DAN34102	Th	4/16 - 5/14	5:15 PM - 6:15 PM		

*Course Supply Fee - In addition to class fee.

[CHA-CHA]

CHA-CHA: BEGINNER

Stephen Brown

Beginner Partner Social Cha-Cha. This class will teach you basic cha-cha steps and turns. Step by step instruction is casual and fun, and suitably paced for Villagers. Class is intended for social dancing to a variety of Cha-Cha music. PARTNER REQUIRED.

6Day	Fenney Recreation Center		Fee: R\$35 G\$41
DAN49101	Su	4/19 - 5/24	1:30 PM - 2:30 PM

[CHI]

CHI DANCING

Helga Malinsky

Chi (Life Energy) will lift your spirit, open your heart, and activate major energy centers in your body. Chi Bliss warm-ups, Dance movements, Great Circle Meditation. Results are improved balance, strength, agility, more energy, improved mental focus.

5Day	Hibiscus Recreation Center		Fee: R\$38 G\$44
DAN27107	F	4/3 - 5/1	2:00 PM - 3:00 PM
DAN27108	F	6/19 - 7/17	2:00 PM - 3:00 PM

[COUNTRY PATTERN]

COUNTRY PATTERN PARTNER: BEGINNER

Lola & Bob Miller

Couples will learn the basic steps first. Participants will be taught four beginner dances. Each dance will be reviewed each week. Everyone dances in a circle, and every couple will be doing the same patterns. Partner required at sign-up.

6Day	Bridgeport Recreation Center		Fee: R\$34 G\$40
DAN05121	Th	4/2 - 5/7	6:00 PM - 7:00 PM
DAN05122	Th	5/14 - 6/18	6:00 PM - 7:00 PM
DAN05123	Th	6/25 - 7/30	6:00 PM - 7:00 PM
DAN05124	Th	8/6 - 9/10	6:00 PM - 7:00 PM

COUNTRY PATTERN PARTNER: BEG. PLUS

Lola & Bob Miller

The dances taught in this course are a little more advanced. Participants who have taken the Beginner's course first would continue with learning more dances. Partner required.

6Day	Bridgeport Recreation Center		Fee: R\$34 G\$40
DAN06121	Th	4/2 - 5/7	7:30 PM - 8:45 PM
DAN06122	Th	5/14 - 6/18	7:30 PM - 8:45 PM
DAN06123	Th	6/25 - 7/30	7:30 PM - 8:45 PM
DAN06124	Th	8/6 - 9/10	7:30 PM - 8:45 PM

[SWING]

EAST COAST SWING: BEGINNER

Stephen Brown

Our class will focus on learning basic easy to follow steps, leads and turns. Dance pace is appropriate for Villagers, and the step by step instruction is casual and fun. Partner required.

7Day	Fenney Recreation Center		Fee: R\$38 G\$44
DAN29107	Su	4/19 - 5/31	3:00 PM - 4:30 PM
DAN29108	Su	6/14 - 7/26	3:00 PM - 4:30 PM

EAST COAST SWING: INTERMEDIATE

Stephen Brown

This Intermediate East Coast Swing course is a follow-up class to the beginner class, or for those who already know basic East Coast Swing steps/beginner turns. Students will be taught new turns with a focus on refining your moves. Dance pace is appropriate for Villagers, casual and fun. Partner required at sign-up.

NO CLASS 8/16, 9/20

6Day	Fenney Recreation Center		Fee: R\$33 G\$39
DAN30104	Su	8/9 - 9/27	3:00 PM - 4:30 PM

[LINE DANCE]

LINE DANCE: BASIC BEGINNER 1

Darlene Miller

You can line dance in six easy lessons. This class is for the individual who is new to line dancing and wants to learn in a fun, comfortable atmosphere. Basic steps and line dance technique will be taught while learning some of the line dances done in social settings. Proper shoes are required - no flip flops allowed.

NO CLASS 5/25

6Day	Allamanda Recreation Center		Fee: R\$33 G\$39
DAN25107	M	4/20 - 6/1	9:30 AM - 10:20 AM
DAN25108	M	6/22 - 7/27	9:30 AM - 10:20 AM

LINE DANCE: BEGINNER 2

Darlene Miller

This course is for those individuals who would like to further their experience in basic steps and line dance technique in a fun atmosphere. Dancers should have knowledge of most basic steps for this class. Proper footwear is required - no flip flops allowed.

NO CLASS 5/25

6Day	Allamanda Recreation Center		Fee: R\$33 G\$39
DAN26107	M	4/20 - 6/1	10:30 AM - 11:20 AM
DAN26108	M	6/22 - 7/27	10:30 AM - 11:20 AM

Interested in becoming an Instructor or Speaker? Visit www.DistrictGov.org for more information.



[HUSTLE]

HUSTLE: FOUR-COUNT BEGINNER

Andrea Thorne

This will be a four count hustle, which means, if you can walk you can do this dance. It's not like the 3 count dance of the 70's which was high energy. This is more of a walking type dance. It will be incorporating East Coast Swing moves to a hustle count. So if you have done East Coast Swing (or not) you will find it very easy. This is a fun dance to learn and can be done on the town squares as well... amaze your friends by learning this easy dance. Shoes that slide are recommended. Partner required at sign up.

5Day		Pimlico Recreation Center		Fee: R\$35		G\$41
DAN37103	M	4/6 - 5/4	3:30 PM - 4:30 PM			

HEALTH & WELLNESS

AGELESS GRACE

Teri Lee

This brain health program is based on the science of neuroplasticity. It's a lively class consisting of 21 tools that are practiced to music in chairs and are designed to prevent or delay cognitive decline.

3Day		Bridgeport Recreation Center		Fee: R\$25		G\$31
HEA01114	T	4/14 - 4/28	5:00 PM - 6:00 PM			

6Day		Bridgeport Recreation Center		Fee: R\$50		G\$56
HEA01115	T	8/4 - 9/8	5:00 PM - 6:00 PM			

AGE-LESS YOGA FACE

Helga Malinsky

Recent studies support that facial exercises make you look years younger. Learn isometric exercises, facial acupressure points, several face massage techniques. Eye, neck and shoulder exercises and Yoga bringing nourishing blood flow into the face. Bring a mirror.

1Day		Bradenton Recreation Center		Fee: R\$39		G\$45
HEA08110	Sa	4/18	1:00 PM - 3:00 PM			
HEA08111	Sa	6/27	1:00 PM - 3:00 PM			

ANGEL HEALING

Dr. Maryanne Horne & Dr. Carole Sfekas

Angels are Divine messengers to our souls. They are our best gift givers. They offer us Divine healing and assistance in every aspect of our daily lives. Our Angels surround us and comfort us at all times.

1Day		Eisenhower Recreation Center		Fee: R\$65		G\$71
HEA19109	M	4/27	8:30 AM - 10:30 AM			

1Day		SeaBreeze Recreation Center		Fee: R\$65		G\$71
HEA19110	M	6/1	8:30 AM - 10:30 AM			
HEA19111	M	8/10	8:30 AM - 10:30 AM			

ART OF SELF-HEALING

Helga Malinsky

Session I, Practice Qi Gong exercises, therapeutic breath-work, tapping and balancing vital energy centers, and relax with a guided Reiki meditation. Session II: Mandala Art Therapy for Spiritual and Emotional Healing is about focusing, calming, and centering yourself. Supply fee of \$2.00 payable to the instructor.

2Day		Eisenhower Recreation Center		Fee: R\$39		G\$45
HEA2105	M	4/27 - 5/4	1:00 PM - 2:30 PM			

CHAIR YOGA

Teri Lee

Chair yoga modifies traditional yoga poses so that they can be done while seated in a chair. These modifications make yoga accessible to people who cannot stand or lack the mobility to move easily from standing to seated to supine positions. No experience necessary, and no mat required!

6Day		Bridgeport Recreation Center		Fee: R\$50		G\$56
HEA23103	T	6/2 - 7/7	5:00 PM - 6:00 PM			

Have Questions? Check the FAQ's on PAGE **4**



CRYSTAL HEALING

Dr. Maryanne Horne & Dr. Carole Sfekas

Crystals are known for their healing properties. Each Crystal has its own unique healing frequency. This Crystal healing frequency balances and harmonizes spirit mind body. In this class you will learn the healing properties of Crystals and how to use Crystals for healing in your daily life.

1Day	Eisenhower Recreation Center		Fee: R\$65 G\$71
HEA18109	M	4/6	8:30 AM - 10:30 AM
HEA18110	M	5/25	8:30 AM - 10:30 AM

1Day	SeaBreeze Recreation Center		Fee: R\$65 G\$71
HEA18111	M	7/6	8:30 AM - 10:30 AM
HEA18112	M	9/7	8:30 AM - 10:30 AM

DANCE OF YOGA

Teri Lee

This yoga inspired dance flow is a mind body experience that focuses on graceful body movement. Participants will improve their flexibility, strength and balance as well as realizing a calming sensation of well being.

3Day	Bacall Recreation Center		Fee: R\$25 G\$31
HEA33104	Th	4/16 - 4/30	5:00 PM - 6:00 PM

6Day	Bacall Recreation Center		Fee: R\$50 G\$56
HEA33105	Th	6/4 - 7/9	5:00 PM - 6:00 PM
HEA33106	Th	8/6 - 9/10	5:00 PM - 6:00 PM

DRUM CIRCLE

Jacki Rose

Enjoy African Drumming in a community circle while experiencing the powerful healing and calming benefits. Bring your own djembe style drum and have fun learning different ways to drum with others. No experience needed.

4Day	Hibiscus Recreation Center		Fee: R\$80 G\$86
HEA39101	M	4/6 - 4/27	4:00 PM - 5:30 PM

MATTER OF BALANCE

The Villages Health

This fall prevention program combines interactive class discussion and exercises proven to reduce fall risk. Matter of Balance addresses fall hazards in the home and environment, fear of falling, assertiveness, fall related behaviors and the importance of exercise.

8Day	Big Cypress Recreation Center		Fee: R\$15 G\$21
HEA04113	Th	3/26 - 5/14	10:00 AM - 12:00 PM

8Day	Manatee Recreation Center		Fee: R\$15 G\$21
HEA04114	Th	3/26 - 5/14	3:00 PM - 5:00 PM

NEW HOME, NEW FRIENDS!

Meredith Brubaker

Meeting new people can be intimidating. Gaining a better understanding of yourself and others can alleviate your concerns. This course will help you recognize your strengths and learn to live with them in a new setting. Become comfortable joining a group of strangers. Make a great first impression in 7 seconds. You will experience "aha" moments.

3Day	Fenney Recreation Center		Fee: R\$80 G\$86
HEA43101	W	4/15 - 4/29	12:30 PM - 2:30 PM
HEA43102	Th	8/6 - 8/20	2:00 PM - 4:00 PM

POWER OF FOODS FOR LIFE EXTENSION

Deborah Waddell

Come learn how you can dramatically alter the course of Aging! You will learn that you do NOT have to succumb to the "so called" age related diseases including heart disease, fatigue, cognitive decline, diabetes and so many others. You will learn that at the end of your fork holds the power to live a long, healthy and vibrant life. Students will learn how to stock their pantry and refrigerator and even get recipes.

4Day	Big Cypress Recreation Center		Fee: R\$60 G\$66
HEA41101	Th	4/2 - 4/23	4:30 PM - 6:30 PM

REIKI: LEVEL I

Dr. Maryanne Horne & Dr. Carole Sfekas

Reiki I is the beginning level of Reiki training. It is used to promote relaxation, healing and harmony for spirit, mind and body. Reiki I includes history and techniques of Reiki.

1Day SeaBreeze Recreation Center			Fee: R\$65 G\$71
HEA15112	M	4/13	8:30 AM - 10:30 AM
HEA15113	M	5/4	8:30 AM - 10:30 AM
HEA15114	M	6/8	8:30 AM - 10:30 AM
HEA15115	M	7/13	8:30 AM - 10:30 AM
HEA15116	M	8/17	8:30 AM - 10:30 AM

REIKI: LEVEL II

Dr. Maryanne Horne & Dr. Carole Sfekas

Reiki II is available to anyone who has completed Level I Reiki. A discussion of the symbols and their origins and usage will be given. This is the continuation of your use of Reiki in your healing spiritual journey.

1Day SeaBreeze Recreation Center			Fee: R\$65 G\$71
HEA16112	M	4/20	8:30 AM - 10:30 AM
HEA16113	M	5/11	8:30 AM - 10:30 AM
HEA16114	M	6/15	8:30 AM - 10:30 AM
HEA16115	M	7/20	8:30 AM - 10:30 AM
HEA16116	M	8/24	8:30 AM - 10:30 AM

REIKI: LEVEL III

Dr. Maryanne Horne & Dr. Carole Sfekas

Reiki Level III is the Master/Teacher Level of Reiki. This is available to those who have completed the first two levels of Reiki. This continues your commitment to Reiki as an integral part of your healing journey toward spiritual enlightenment.

1Day SeaBreeze Recreation Center			Fee: R\$65 G\$71
HEA17108	M	5/18	8:30 AM - 10:30 AM
HEA17109	M	6/22	8:30 AM - 10:30 AM
HEA17110	M	7/27	8:30 AM - 10:30 AM
HEA17111	M	8/31	8:30 AM - 10:30 AM

TAI CHI FOR ARTHRITIS AND FALL PREVENTION

The Villages Health

Tai Chi for Arthritis and Fall Prevention is a beginner tai chi program focused on mindful movement. Tai Chi is recommended by the Center for Disease Control and Prevention for better balance and recommended by the National Arthritis Foundation for improved flexibility. The program can be modified for those preferring to sit for all or part of the exercise.

8Weeks Eisenhower Recreation Center			Fee: R\$15 G\$21
HEA20104	M Th	7/6 - 9/3	8:30 AM - 9:20 AM
HEA20105	M Th	7/6 - 9/3	9:30 AM - 10:20 AM

YOGA: THE FUNDAMENTALS

Susan Reid

This class is for those who are new to yoga, and those who want to review the basics of yoga breathing, alignment, and focus. We aim to develop the inner calm and quiet self-confidence that arise from the careful practice of yoga. Please bring a yoga/exercise mat.

4Day Rohan Recreation Center		Fee: R\$35 G\$41
HEA26104	Th	7/2 - 7/23
		11:30 AM - 12:30 PM

YOGA: THE FUNDAMENTALS 2.0

Susan Reid

This class is for those who wish to deepen and expand their yoga practice. The level is beginner plus through easy intermediate. We will practice classic Hatha yoga poses (asanas) as we use yoga breathing techniques (pranayama) to turn inward (pratyahara) with a focused mind (dharana). These techniques, practiced together, increase our strength and flexibility, deepen our clarity of thought, and move us into calm and equanimity.

4Day Rohan Recreation Center		Fee: R\$35 G\$41
HEA42102	Th	8/13 - 9/3
		11:30 AM - 12:30 PM

YOGA MOVES

Caryn Martin

Let's move into our age with mindfulness, breath awareness and the ability to know when our bodies need restoration and how to embrace stillness. Yoga Moves enhances flexibility allowing fascia and tendons to release while we are recharging our internal "batteries". This gentle stretch class is for all levels who want to experience rest and relaxation while developing a quiet mind to uncover the happiness that is simply our own identity.

NO CLASS 5/8, 9/4

4Day Riverbend Recreation Center		Fee: R\$35 G\$41
HEA44101	F	4/3 - 4/29
HEA44102	F	5/1 - 5/29
HEA44103	F	8/14 - 9/11
		9:00 AM - 10:30 AM
		9:00 AM - 10:30 AM
		9:00 AM - 10:30 AM

YOGA: YO.PI.CHI.MED - FLEXIBLE FOREVER

Helga Malinsky

This workout bundles together four important fitness routines all of them are necessary for achieving a strong age-less & revitalized body. Yoga for balance, posture & weight loss. Pilates Physical Mind Method to strengthen core muscles. Chi (energy) exercises to restore vital life energy, meditation & visualizing techniques. Bring a Yoga Mat.

5Day Allamanda Recreation Center		Fee: R\$48 G\$54
HEA38101	W	4/1 - 4/29
HEA38102	W	6/17 - 7/15
		11:30 AM - 1:00 PM
		11:30 AM - 1:00 PM

Have Questions? Check the FAQ's on PAGE

4

*Course Supply Fee - In addition to class fee.

HISTORY

A MUSICAL JOURNEY: FROM MOZART TO ELVIS

Dr. Sidney Soclof

Would you like to go on a musical journey that takes you from the classical music of Wolfgang Amadeus Mozart to the rock and roll music of Elvis Presley? On our way we will enjoy learning about the life and music of Stephen Collins Foster, Irving Berlin, and Al Jolson, with many music and video clips for your enjoyment.

6Day | Lake Miona Recreation Center Fee: R\$35 | G\$41
HIS21104 M F 8/3 - 8/21 10:30 AM - 12:00 PM

AIR FORCE ONE - MY FLIGHT EXPERIENCE

Al Coutinho

The President is never late! We'll talk about my experiences on Air Force One and some background stories of the aircraft, presidents and distinguished visitors. The presentation is filled with images to support my flight line experience.

1Day | Eisenhower Recreation Center Fee: R\$10 | G\$16
HIS21104 Tu 4/14 2:00 PM - 3:30 PM

BROADWAY TO HOLLYWOOD: THE HISTORY, MUSICALS AND MOVIES

Dr. Sidney Soclof

You probably know about the Erie Canal and the motion picture inventions of Thomas Edison. Find out how they are responsible for the rise of Broadway as the center of the musical theater and Hollywood as the center of the movie industry? Many music and video clips will be presented of the "Golden Age" of the Broadway and Hollywood musicals. Learn about how Hollywood came to be, and the "Golden Age" of the Hollywood musical.

6Day | Lake Miona Recreation Center Fee: R\$35 | G\$41
HIS111101 M F 4/13 - 5/1 10:30 AM - 12:00 PM

CARIBBEAN HISTORY: COLUMBUS, CANNIBALS, CARGO

Lisa Didier

Discover the history behind the settlement of Caribbean including the truth about Columbus, what happened to the native tribes and were they cannibals?

1Day | Eisenhower Recreation Center Fee: R\$25 | G\$31
HIS91102 Tu 6/16 1:30 PM - 3:30 PM

CHRISTOPHER COLUMBUS: HERO OR VILLAIN?

Donald Wyman

This full-color PowerPoint program traces the path of Columbus from childhood to the four royal proposals for a funding for his search for a water route to India, to the actual four voyages and their surprising results. What was Columbus's legacy to the Americas and its people? Should he be revered or vilified?

1Day | Eisenhower Recreation Center Fee: R\$15 | G\$21
HIS115101 W 5/20 4:00 PM - 5:00 PM

CODES & CIPHERS THAT CHANGED WORLD HISTORY

Donald Wyman

This colorful PowerPoint program traces the evolution of encryption by the Egyptians, Greeks, Persians, Native Americans, and both British and Scotch royalty. It continues through the periods of the American Revolution, Civil War, WWI, and WWII that used machine encryption, Navajo Code Talking, and includes today's encipherment techniques used by the CIA and other intelligence agencies and their spies worldwide.

1Day | Eisenhower Recreation Center Fee: R\$15 | G\$21
HIS119101 W 8/5 1:00 PM - 2:00 PM

CODES AND CIPHERS: RECOGNIZING AND SOLVING

Donald Wyman

This interactive PowerPoint program gives examples of some of the most used Codes and Ciphers and how to recognize them. It also gives attendees the opportunities to solve short encrypted messages in those assorted codes and ciphers. It also shows a simple system for enciphering messages that the sender wishes to keep secure between sender and receiver.

1Day | Eisenhower Recreation Center Fee: R\$15 | G\$21
HIS120101 W 8/12 - 8/19 1:00 PM - 2:00 PM

CRYPTOGRAM SOLVING: A PREMIUM MIND SHARPENER

Donald Wyman

Solving Cryptograms, like the ones in the Daily Sun Monday through Saturday, is a fun way of keeping the brain cells active while at the same time giving a sense of accomplishment at their decoding. As part of the tuition, a new, only-one-of-its-kind, Cryptogram Deciphering Handbook will be given to each attendee along with a Certificate of Achievement.

1Day | Eisenhower Recreation Center Fee: R\$15 | G\$21
HIS114101 W 5/6 4:00 PM - 5:00 PM

NEVER STOP **LEARNING,**
KEEP ON **GROWING!**



**ELIZABETH FRIEDMAN:
AMERICA'S PREMIER CODESMASHER**

Donald Wyman
This PowerPoint program traces the rise to greatness of another woman who still hasn't gotten her rightful place in American History. From a farm in Indiana to the Nation's capital as Cryptographer-in-Charge, she lead the way in solving prohibition bootlegger's, drug cartels, and German military ciphers. She broke three Nazi Enigma machines, not with an electro-mechanical computer, but with a paper and pencil!

1Day	Eisenhower Recreation Center			Fee: R\$15 G\$21
HIS97102	W	7/22		4:00 PM - 5:00 PM

FALLING DOMINOES-HISTORY OF THE VIETNAM WAR

James Press
Let's take a close look at how & why America got involved in the Vietnam War. We'll explain how WWII and the Cold War pulled America towards the jungles of Vietnam. Meet presidents, diplomats, soldiers and spies from France, Vietnam, China & America, as we discuss this momentous event in American history.

2Day	Eisenhower Recreation Center			Fee: R\$30 G\$36
HIS74104	Tu	6/2 - 6/9		2:00 PM - 4:00 PM

GOLDEN AGE OF HOLLYWOOD

David Fantle
Remember when films and TV shows were not laced with profanity and violence? When stars like Astaire, Kelly, Ball and Hope assured the best in entertainment? This course will cover classic Hollywood. Each 90-minute class will explore a different segment of this era with photos, stories and film clips.

4Day	Eisenhower Recreation Center			Fee: R\$40 G\$46
HIS71101	Tu Th	4/7 - 4/16		2:00 PM - 3:30 PM

HIDDEN TREASURES OF THE WORLD

Lisa Didier
A history of treasures lost, the treasures found and hidden treasures still waiting to be discovered and the true stories about past treasure hunters who received jail time, injuries and even death for their efforts.

1Day	Eisenhower Recreation Center			Fee: R\$25 G\$31
HIS121101	Tu	4/7		1:30 PM - 3:30 PM



HISTORY OF VIKING TERROR AND TREASURES

Lisa Didier
Vikings were truly the most interesting traders, settlers, raiders and party goers of the dark ages. This presentation provides an in-depth view of Viking history including their mighty ships, their weapons, navigation and even how they dressed for battle.

1Day	Eisenhower Recreation Center			Fee: R\$25 G\$31
HIS125101	Tu	8/4		1:30 PM - 3:30 PM

KNIGHTS TEMPLAR & THE AGE OF DISCOVERY

Lisa Didier
Who were these knights, what was their 'mission statement' and how did a famous Templar Knight launch the Age of Discovery?

1Day	Eisenhower Recreation Center			Fee: R\$25 G\$31
HIS90102	Tu	8/18		1:30 PM - 3:30 PM

LINCOLN AND THE T-MAIL

Donald Wyman
This PowerPoint program reveals how the first use of the telegraph in a live-war situation helped Lincoln learn, grow and succeed as a chief executive. He encountered almost every kind of setback, criticism, bad advice and betrayals, and yet managed to hold the Union together and bring an end to the blood-letting division of the Country before his death.

1Day	Eisenhower Recreation Center			Fee: R\$15 G\$21
HIS118101	W	7/8		4:00 PM - 5:00 PM

OUR US CONSTITUTION

Douglas Hughes
This course explores the roots of the Constitution, its creation/ ratification and its application/impact since 1787.

4Day	Eisenhower Recreation Center			Fee: R\$50 G\$56
HIS12106	Th	4/9 - 4/30		9:00 AM - 11:00 AM

Have Questions? Check the FAQ's on PAGE **4**



PAUL JOSEPH REVERE: RED, WHITE AND BLUE BLOOD

Donald Wyman

A full color PowerPoint program about the grandson of the legendary "Midnight Rider," he was an American Hero in his own right. Wounded several times defending the Union, including the pivotal Civil War Battle of Gettysburg, He was a leader of men, even when he was held hostage for months in a tiny jail cell with 11 other senior officers, during a "Privateer Hanging" stalemate, he held them all together through the deplorable situation.

1Day Eisenhower Recreation Center		Fee: R\$15 G\$21	
HIS117101	W	6/24	4:00 PM - 5:00 PM

PIRATES, CORSAIRS, PRIVATEERS

Lisa Didier

Movies and works of fiction have given a glorious sheen to the life of pirates. Learn the real truth about a pirate's life; the rules, the rewards, the punishments and even the food and beverages on offer.

1Day Eisenhower Recreation Center		Fee: R\$25 G\$31	
HIS122101	Tu	4/21	1:30 PM - 3:30 PM

RECONSTRUCTION THE SECOND AMERICAN REVOLUTION

Emmett Coyne

Creating a new nation was a challenge. Putting the nation back together after a civil war was a most formidable task. It has successes and failures both of which affect us today as a controversial part of American history.

2Day Lake Miona Recreation Center		Fee: R\$14 G\$20	
HIS95103	F	5/8 - 5/15	3:00 PM - 4:30 PM
HIS95104	M	9/7 - 9/14	3:00 PM - 4:30 PM

SLAVERY: HOW IT AFFECTS AMERICA TODAY

Emmett Coyne

Slavery is foundational to the U.S.A. Without slavery, there would be no union. "A nation cannot choose its past; it can only choose its future." By working through our past, we are better able to "Ensure domestic tranquility."

2Day Lake Miona Recreation Center		Fee: R\$14 G\$20	
HIS126101	F	4/3 - 4/10	3:00 PM - 4:30 PM
HIS127101	M	6/22 - 6/29	3:00 PM - 4:30 PM



SPECIAL FORCES IN WORLD WAR II

James Press

Let's look at some of the elite units in WW II, the British commandos, the Special Air Service, the Chindits and the S.O.E. We'll also look at Merrill's Marauders, the 1st Air Commandos and the OSS.

1Day Eisenhower Recreation Center		Fee: R\$15 G\$21	
HIS112101	Tu	5/5	2:00 PM - 4:00 PM

THE AMERICAN WAR IN VIETNAM, 1964-1975

James Press

We'll examine the Vietnam War from 1964 to 1975, and focus on key participants and groups that shaped events. How was the war fought in Vietnam and at home? Why did it finally end? What is the legacy of the Vietnam War?

2Day Eisenhower Recreation Center		Fee: R\$30 G\$36	
HIS113101	Tu	4/21 - 4/28	2:00 PM - 4:00 PM
HIS113102	Tu	5/12 - 5/19	2:00 PM - 4:00 PM
HIS113103	Tu	6/16 - 6/23	2:00 PM - 4:00 PM

THE CHOSEN PATH: ELIZABETH VAN LEW, AMERICA'S 2ND SPYMASTER

Donald Wyman

George Washington was America's first spymaster, Elizabeth Van Lew was the second. She put her life on the line every day of the Civil War because she hated the policy of slavery and worked tirelessly to preserve the Union. She used every technique used by Intelligence Agencies today, and did it 150 years ago! She is another of the unsung Female heroes in American History.

1Day Eisenhower Recreation Center		Fee: R\$15 G\$21	
HIS116101	W	6/10	4:00 PM - 5:00 PM

THE CIA MUSEUM: A PRIVATE TOUR

Donald Wyman

The CIA Museum, inside the CIA Headquarters building in Langley, is not open to the public. The instructor recently was given both a special 2-hour private tour by the museum director and also, exclusive permission and support in creating this special Powerpoint "Private Tour" of the museum.

1Day Eisenhower Recreation Center		Fee: R\$15 G\$21	
HIS96103	W	4/22	4:00 PM - 5:00 PM

THE TWO HENRYS AND THE HISTORY OF FLORIDA

Dr. Sidney Soclof

Henry Flagler and his Florida East Coast Railroad opened the development of the east coast of Florida. Henry B. Plant and his railroad and steamship system was a similar impetus for the opening of Florida's west coast. Learn about these two remarkable men and their accomplishments, including the Florida Keys Overseas Railroad and later Highway. Then learn about the exciting history of Florida from the earliest days to the present.

6Day Lake Miona Recreation Center		Fee: R\$35 G\$41	
HIS17105	M F	6/1 - 6/19	10:30 AM - 12:00 PM

HOBBY

DRONE BASICS

Donald Wiley

Designed for the new and prospective drone flyer this course covers general drone information, rules, and regulations for flying, guidance for buying your first drone, basic flying skills, and best practices. For information about the course and recommended supplies contact: Don Wiley, at Don@disneygoldwing.com

4Day Lake Miona Recreation Center		Fee: R\$50 G\$56	
HOB13107	W F	6/3 - 6/12	6:00 PM - 8:00 PM
HOB13108	W F	7/8 - 7/22	6:00 PM - 8:00 PM
HOB13109	W F	8/14 - 8/26	6:00 PM - 8:00 PM

DRONE: FLYING YOUR DJI WITH GO4

Donald Wiley

Geared for the owners of DJI consumer grade drones, this class focuses on the configuring, operating, and flying of these powerful aircraft using the DJI Go software and other available software packages. For information about the course and recommended supplies contact: Don Wiley, at Don@disneygoldwing.com

5Day Lake Miona Recreation Center		Fee: R\$125 G\$131	
HOB14103	Tu Th	6/9 - 6/23	6:30 PM - 8:30 PM
HOB14104	Tu Th	7/28 - 8/11	6:30 PM - 8:30 PM
HOB14105	Tu Th	8/18 - 9/1	6:30 PM - 8:30 PM

DRONE: FLYING THE MAVIC MINI

Donald Wiley

Mavic Mini is DJI's newest offering whose advanced capabilities and attractive pricing make the aircraft ideal for the novice and experienced user alike. This course will teach you the features and functions of the Mavic Mini and DJI Fly app used to fly this amazing little aircraft with.

1Day Rohan Recreation Center		Fee: R\$25 G\$31	
HOB15101	M	5/18	9:00 AM - 1:00 PM

ENTERTAINING WITH GRACE AND STYLE

Christine Cooper

This fun and creative class will give you all the tools and confidence you will need to host very special holiday events that will be remembered and cherished by friends and family. Each participant will plan their own party and complete the class with a binder full of information, recipes, and ideas. Open to all skill levels. Additional \$10 supply fee payable to instructor day of class.

4Day Lake Miona Recreation Center		Fee: R\$70 G\$76	
HOB20102	F	7/3 - 7/24	10:00 AM - 11:30 AM

MAH JONGG: BEGINNER

Elaine Carpenter

Looking for beginners and those who need a refresher. I will have you playing in the 5 Weeks and having some fun. Just need a card with the hands to play. Hope to meet you this season.

5Day Bridgeport Recreation Center		Fee: R\$80 G\$86	
HOB01121	Tu	4/7 - 5/5	4:30 PM - 6:30 PM
HOB01122	Tu	5/19 - 6/16	4:30 PM - 6:30 PM
HOB01123	Tu	6/30 - 7/28	4:30 PM - 6:30 PM
HOB01124	Tu	8/11 - 9/8	4:30 PM - 6:30 PM

MAH JONGG: MARVELOUS MAH JONGG

Martha Whaley

Marvelous Mah Jongg is a twist to regular Mah Jongg. It is the same rules and same tiles but many more possible combinations with the new card. Marvelous Mah Jongg card required and can be purchased from instructor day of class for \$10.00.

1Day Lake Miona Recreation Center		Fee: R\$25 G\$31	
HOB26101	Th	6/25	9:00 AM - 12:00 PM
HOB26102	Th	8/13	9:00 AM - 12:00 PM

MAH JONGG: WINNING STRATEGIES

Martha Whaley

This interactive lecture class is for those wanting additional assistance in setting up their tiles, passing tiles, deciding on a hand, changing hands, and winning strategies. Special emphasis is on card analysis.

1Day Lake Miona Recreation Center		Fee: R\$40 G\$46	
HOB07118	Th	4/23	9:00 AM - 12:00 PM
HOB07119	Th	5/21	9:00 AM - 12:00 PM
HOB07120	Th	6/4	9:00 AM - 12:00 PM
HOB07121	Th	7/23	9:00 AM - 12:00 PM
HOB07122	Th	8/20	9:00 AM - 12:00 PM
HOB07123	Th	9/17	9:00 AM - 12:00 PM

Have Questions? Check the FAQ's on PAGE

4

*Course Supply Fee - In addition to class fee.

SAMBA I LEARN TO SAMBA AND I DON'T MEAN DANCE

Carolyn Fornataro & Martha Whaley

Participants will learn to play Samba, one of the most popular card games in The Villages. The course will include: Samba terms; starting the game; playing the game; going out and scoring. The course will include an actual playing session. Join in the fun and learn Samba...The Villages way. We saved a seat for you and your friends!

1Day | Moyer Recreation Center

Fee: R\$35 | G\$41

HOB23101	Th	4/9	9:00 AM - 11:30 AM
HOB23102	Th	5/7	9:00 AM - 11:30 AM
HOB23103	Tu	6/9	9:00 AM - 11:30 AM
HOB23104	Tu	9/8	9:00 AM - 11:30 AM

SAMBA II - SUPER PLUS!

Carolyn Fornataro & Martha Whaley

This class is designed for those that have completed Samba I or have basic knowledge of Samba. This advanced class teaches you Super Samba and Super Duper Samba. You will also learn the terms: Declare, Roll-up, Complete and Close. This course will have two playing sessions so that when you complete this class, you will be ready to play with your friends and neighbors.

1Day | Moyer Recreation Center

Fee: R\$40 | G\$46

HOB24101	Tu	4/14	9:00 AM - 11:30 AM
HOB24102	Th	5/14	9:00 AM - 11:30 AM
HOB24103	Th	7/9	9:00 AM - 11:30 AM
HOB24104	Th	9/10	9:00 AM - 11:30 AM

SAMBA III- SAMBA TIPS, STRATEGIES & MORE!

Carolyn Fornataro & Martha Whaley

Samba Tips, Winning Strategies, Tournament Play and More! Loaded with insights for Samba players of all levels. Insights on: how to communicate with your partner without talking across the table; pickling up the pile; when to dirty a book and discarding. There will be a review of the tournament play rules and much more.

1Day | Moyer Recreation Center

Fee: R\$50 | G\$56

HOB25101	Th	4/16	9:00 AM - 11:30 AM
HOB25102	Th	5/28	9:00 AM - 11:30 AM
HOB25103	Th	8/6	9:00 AM - 11:30 AM
HOB25104	Tu	9/15	9:00 AM - 11:30 AM

STAGING YOUR HOME TO PERFECTION

Christine Cooper

This class will address individual design solutions and is open to all skill levels. Goals will include creating a cohesive design communicating who we are through the decorating process, identifying functions and style, and how to use color, balance and symmetry. Furniture placement, lighting, art and accessories will be covered. We will examine design choices and identify those items that will enhance home equity. Additional \$10 supply fee payable to instructor day of class.

4Day | Lake Miona Recreation Center

Fee: R\$70 | G\$76

HOB21102	F	4/3 - 4/24	10:00 AM - 11:30 AM
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NEVER STOP
LEARNING,

KEEP ON
GROWING!



University of
Alabama
Name

RED WOODS RECOVERY UNIT
253-853-3141
MONTGOMERY, AL
WWW.UA.EDU

LANGUAGE

CHINESE CALLIGRAPHY:

Shiao Ploss

Learn the artistic painting of Chinese words and phrases, how they are formed, their history and pronunciation. Supply fee \$26 payable to Instructor first day of class. Supplies include: Brush, ink, ink stone and rice paper.

4Day		Lake Miona Recreation Center			Fee: R\$100 G\$106
LAN67102	W	4/8 - 4/29		9:00 AM - 11:00 AM	

FRENCH I

Francoise Faber-Goldsworthy

This course uses Total Physical Response (TPR) to get students involved. Students participate in French conversations centered around simple daily experiences.

4Day		Lake Miona Recreation Center			Fee: R\$75 G\$81
LAN04110	Th	4/16 - 5/7		6:00 PM - 7:30 PM	

FRENCH II

Francoise Faber-Goldsworthy

A continuation of French 1. Students will develop skills using verbs/tenses as applied to popular culture. No book is required, all materials are furnished.

4Day		Lake Miona Recreation Center			Fee: R\$75 G\$81
LAN12107	Th	5/21 - 6/11		6:00 PM - 7:30 PM	

FRENCH III

Francoise Faber-Goldsworthy

This class is offered to those who have completed my French I & II. The objective will be to continue building vocabulary, grammar, concepts and sentence structure with emphasis on speaking French. No book is required, all materials are furnished.

4Day		Lake Miona Recreation Center			Fee: R\$75 G\$81
LAN17106	Th	6/25 - 7/16		6:00 PM - 7:30 PM	

FRENCH IV

Francoise Faber-Goldsworthy

This class is open to graduates of French III and those with limited French Studies. The emphasis will be on speaking and interacting as applied to today's French culture. An introduction to composing and writing phrases. No book is required, all material furnished.

4Day		Lake Miona Recreation Center			Fee: R\$75 G\$81
LAN19105	Th	8/27 - 9/17		6:00 PM - 7:30 PM	

ITALIAN: BEGINNERS CONVERSATIONAL

Gianna Ragona-Suarez

Learn basic conversational phrases that will be easy to remember and fun. Join with a friend, bring a journal, a pen and be ready to speak phrases in 6 weeks. Gianna has taught Italian for 10 years.

6Day		Lake Miona Recreation Center			Fee: R\$63 G\$69
LAN23103	M	6/22 - 7/27		2:00 PM - 4:00 PM	

SPANISH: LET ME TEACH YOU (ULTRA BEGINNER)

Mario Acevedo

This course is for those who have no experience in Spanish, but have been afraid to try, thinking it may be too hard. Well, it's not! In this course, the participants will be provided with a sufficient understanding of the Spanish language.

4Day		Lake Miona Recreation Center			Fee: R\$38 G\$44
LAN07112	Tu	4/7 - 4/28		2:00 PM - 3:30 PM	
LAN07113	Tu	9/8 - 9/29		2:00 PM - 3:30 PM	

SPANISH: CONTINUATION OF SPANISH-B

Mario Acevedo

This is the continuation of "Conversational Beginners' Spanish". You must have completed "Conversational Spanish" or have Spanish speaking experience. Heavy emphasis will be placed on speaking, listening, interpretation and writing. In addition, there will be heavy concentration on sentence structure and verb agreement. Course A and B are structured in such a way you can take either one first.

8Day		Lake Miona Recreation Center			Fee: R\$75 G\$81
LAN15104	Th	4/2 - 5/21		2:00 PM - 3:30 PM	

SPANISH: CONVERSATIONAL BEGINNER'S SPANISH

Mario Acevedo

This course is intended for students who have previous (limited) Spanish experience from high school, college, or have taken Mario's "Let Me Teach Your Spanish" course. For those who lack confidence, it is recommended to start with "Let Me Teach You Spanish."

8Day		Lake Miona Recreation Center			Fee: R\$75 G\$81
LAN08108	Tu	5/12 - 6/30		2:00 PM - 3:30 PM	

LITERATURE

ELVIS PRESLEY: THE MAN, THE MYTH, THE LEGEND

David Harshfield

Elvis Presley has been deceased for longer than the forty-two years that he lived. Still, fans listen to his music, watch his movies, and visit his Graceland. On August 16, 1977, Elvis died at his Graceland mansion, but his legend survives and blossoms for a new generation.

2Day		Eisenhower Recreation Center			Fee: R\$63 G\$69
LIT27104	W	4/1 - 4/8		2:45 PM - 4:15 PM	



GREAT BOOKS DISCUSSIONS

Kathleen Scott

The goal of this course is to engage in reflection on readings ranging across literature and philosophy. Passionate readers come together to discuss enduring issues and ideas. Textbook required, "Imperfect Ideal", available from Great Books Foundation or Amazon.com.

8Day | Lake Miona Recreation Center Fee: R\$20 | G\$26
 LIT33102 M 4/13 - 6/1 6:30 PM - 8:30 PM

I LOVE LUCY: LAUGHS, STRUGGLES, LEGACY

David Harshfield

Lucy, Ricky, Fred, and Ethel overcame unbeatable obstacles in order to reinvent television comedy and to teach viewers how to laugh at ourselves. This incredible foursome knew what they wanted the show to be, fought the establishment to make it happen, and live forever in our hearts.

2Day | Eisenhower Recreation Center Fee: R\$63 | G\$69
 LIT21104 W 4/1 - 4/8 1:00 PM - 2:30 PM

MARK TWAIN'S HUMOR

David Harshfield

Mark Twain is America's Humorist. Today, we quote Twain without realizing we are alluding to him because his statements have become part of our pop culture. Mark Twain was a husband and father, a writer and humorist, a businessman and speculator. Each of these roles he took seriously, so this class will peek into Twain's mind and try to see the world the way he saw it.

2Day | Eisenhower Recreation Center Fee: R\$63 | G\$69
 LIT05107 W 4/15 - 4/22 1:00 PM - 2:30 PM

*Interested in becoming an instructor or speaker?
 Visit www.DistrictGov.org for more information.*



MUSIC

BAGPIPES

Kevin Selfridge

This course will include instruction in playing the Highland Bagpipe. Participants who have some bagpipe experience, as well as those who have not played for a few years are welcome. Instrument required. There will be an expense of less than \$100 for the purchase of recommended instrument and tutor book for beginners.

12Day | Saddlebrook Recreation Center Fee: R\$15 | G\$21

MUS01111	Th	4/2 - 6/11	6:00 PM - 9:00 PM
MUS01112	Th	7/2 - 9/10	6:00 PM - 9:00 PM

ELECTRIC BASS: I

David Williams

For those who want to be part of a group that plays popular music but aren't interested in the guitar. This course will be your introduction to playing the electric bass so you can become part of a musical duo or combo. Bring your bass to class.

6Day | Fenney Recreation Center Fee: R\$120 | G\$126

MUS19104	M	4/13 - 5/4	10:30 AM - 11:30 AM
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ELECTRIC BASS: II

David Williams

Electric Bass II - Picks up where the introductory session ended. Students will be introduced to new arpeggios and patterns as well as learning how to successfully navigate through songs as bass players are required to do.

4Day | Fenney Recreation Center Fee: R\$120 | G\$126

MUS27101	M	6/1 - 6/22	10:30 AM - 11:30 AM
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Have Questions? Check the FAQ's on PAGE

4



GUITAR: I

David Williams

We start immediately playing the guitar. Over the course of four weeks the student will be introduced to both chords and strum patterns which they will use to assist in their learning of a few songs. Along the way, other interesting and important music topics will be discussed including basic music theory. Students must own their own guitar and bring a 3 ring binder to class.

4Day		Fenney Recreation Center		Fee: R\$85	G\$91
MUS15108	M	4/13 - 5/4		8:00 AM - 9:00 AM	
MUS15109	M	7/6 - 7/27		8:00 AM - 9:00 AM	

GUITAR: II

David Williams

Building off of Guitar I, the student will learn additional chords and more complex strum patterns. As in LGI, new songs will be used to maximize the students learning experience. As in LGI, new theory topics will be discussed. Students should have either completed Learn To Play The Guitar -I and have their own guitar.

4Day		Fenney Recreation Center		Fee: R\$85	G\$91
MUS18105	M	6/1 - 6/22		8:00 AM - 9:00 AM	

GUITAR: III

David Williams

We will begin with a recap of LGI & LGII. This will be followed by the introduction of a few commonly used guitar tools with accompanying new songs. There will also be a continuation of introducing new chords and more complicated strums. Students must own their own guitar and bring a 3 ring binder to class.

4Day		Fenney Recreation Center		Fee: R\$85	G\$91
MUS22102	M	4/13 - 5/4		9:15 AM - 10:15 AM	
MUS22103	M	7/6 - 7/27		9:15 AM - 10:15 AM	

GUITAR: IV

David Williams

The focus of this class will be on movable chord shapes (barre chords) and learning songs that use them. As in the previous 3 sessions, new theory topics will be discussed. Students should have their own guitar.

4Day		Fenney Recreation Center		Fee: R\$85	G\$91
MUS23102	M	6/1 - 6/22		9:15 AM - 10:15 AM	

PIANO: BEGINNER 101

Bill & Patti Thompson

This class is for students who have always dreamed of playing the piano. Students will learn to read music and play songs from method books. There will be a \$15 materials fee payable to instructor first day of class.

5Day		Allamanda Recreation Center		Fee: R\$85	G\$91
MUS03116	Th	4/23 - 5/21		9:00 AM - 9:50 AM	

PIANO 102-A

Bill & Patti Thompson

This course follows Piano 101. Students will continue playing melody and accompaniments focusing on playing both hands simultaneously. Level 102 classes (A&B) can be taken in any order. There will be a \$15 materials fee payable to instructor first day of class.

5Day		Allamanda Recreation Center		Fee: R\$85	G\$91
MUS05110	Th	4/23 - 5/21		10:00 AM - 10:50 AM	

PIANO: 103-A

Bill & Patti Thompson

Piano 103-A follows piano 102 level classes and advances concepts in harmony and more advanced rhythm. Students who have taken piano/keyboarding 102 classes will learn multiple key signatures and corresponding hand positions. The course will also introduce scales and beginning concepts in chord structure. Level 103 classes can be taken in any order. Keyboards will be provided for students in class, along with all instructional materials and books. There will be a \$15 materials fee payable to instructor first day of class.

5Day		Allamanda Recreation Center		Fee: R\$85	G\$91
MUS08106	Th	4/23 - 5/21		11:00 AM - 11:50 AM	

PIANO: INTERMEDIATE

Bill & Patti Thompson

Piano Intermediate classes is an integrated music curriculum that emphasizes graded piano repertoire, theory and technique. This is a full year study of six sessions and can be taken in any order. There is a \$15 materials fee payable to instructor first day of class.

5Day		Allamanda Recreation Center		Fee: R\$85	G\$91
MUS16107	Th	4/23 - 5/21		12:00 PM - 12:50 PM	

PIANO: ADVANCED

Bill & Patti Thompson

This course is a continuation of Intermediate Piano with a focus on developing a repertoire of classical and popular music. This is a full year study of six sessions and can be taken in any order. There will be a \$15 materials fee payable to instructor first day of class. Keyboards provided.

5Day	Allamanda Recreation Center	Fee: R\$85	G\$91
MUS17107	Th	4/23 - 5/21	1:30 PM - 2:20 PM

UKULELE IN THE VILLAGES: AN INTRO

Tim Robinson & Linda Ward

Linda and Tim present six one hour sessions designed to teach participants basic Ukulele chords, strumming techniques and variations to make playing their Ukuleles with music clubs in the Villages more enjoyable. For soprano, concert and tenor ukuleles. A Class fee of \$8.00 due to Instructor first day of class.

6Day	Lake Miona Recreation Center	Fee: R\$75	G\$81
MUS04109	W	5/6 - 6/10	9:00 AM - 10:30 AM
MUS04110	W	9/2 - 10/7	9:00 AM - 10:30 AM

VIOLIN: 101 BEGINNER

Marianne Wasilewski

This class is for students who have always dreamed of playing the violin. Students will learn violin chords, read notes, and play simple melodies. There will be a \$10.00 book fee due to the instructor on the first day of class. All students must bring their violin and music stand to each class.

4Day	Eisenhower Recreation Center	Fee: R\$90	G\$96
MUS25105	M	4/6 - 4/27	11:00 AM - 12:00 PM
MUS25106	M	6/8 - 6/29	11:00 AM - 12:00 PM

VIOLIN: 102 INTERMEDIATE

Marianne Wasilewski

This class follows Violin 101. Students will improve on learning chords, reading notes, and playing simple melodies. Book from Violin 101 class will be used. Students must bring their violin, music stand and book to each class.

4Day	Eisenhower Recreation Center	Fee: R\$90	G\$96
MUS28102	M	4/6 - 4/27	12:15 PM - 1:15 PM
MUS28103	M	6/8 - 6/29	12:15 PM - 1:15 PM

VIOLIN: 103 ADVANCED

Marianne Wasilewski

This course follows Violin 101 & 102. Students will improve upon violin playing skills using more advanced techniques. This class is also for students who have previous violin playing background and wish to enhance their playing abilities. Students must bring their violin, music stand and book to each class.

4Day	Eisenhower Recreation Center	Fee: R\$90	G\$96
MUS29102	M	4/6 - 4/27	1:30 PM - 2:30 PM
MUS29103	M	6/8 - 6/29	1:30 PM - 2:30 PM

*Course Supply Fee - In addition to class fee.

PHILOSOPHY & PSYCHOLOGY

MASTER THE ESSENTIAL HABITS FOR SUSTAINED HAPPINESS

John Maiorino

This proven science on what creates sustainable happiness is adapted from the science of "Positive Psychology" and "Thrive for Happiness": and offers exercises to learn the skills such as perspective, attitude, relationships and alignment of your life with purpose in your senior years. Each session illustrates the use of mindfulness and practices that are crafted to change your thinking and strengthen your emotional control. Produced and facilitated by two top Psychologists and Writers on the subject.

4Day	Bridgeport Recreation Center	Fee: R\$55	G\$61
PHI32101	Tu	5/5 - 5/26	6:00 PM - 8:00 PM

PHILOSOPHICAL LECTURES SERIES 1

Robert Altobello

Dr. Altobello will deliver a series of lectures on historically significant philosophical questions. The lectures will be interactive. No books required.

4Day	Lake Miona Recreation Center	Fee: R\$63	G\$69
PHI29101	Tu	4/14 - 5/5	11:00 AM - 12:30 PM

PHILOSOPHICAL LECTURES SERIES 2

Robert Altobello

Dr. Altobello will deliver a second series of lectures on historically significant philosophical questions. The lectures will be interactive. This series will present different content from the first series. No books required.

4Day	Lake Miona Recreation Center	Fee: R\$63	G\$69
PHI30101	Tu	6/2 - 6/23	11:00 AM - 12:30 PM

STRESS MANAGEMENT

John Maiorino

Overcome stress. These new strategies on managing stress will enhance your life and health. Learn to turn stress into a positive force to overcome many of life's many challenges: poor sleep, depression, ill health and social relationships. In this interactive, fun based program, you will walk away with renewed strength through exercises and thought change that will transform your life. Produced and facilitated by two top Psychologists and Writers on the subject.

3Day	Lake Miona Recreation Center	Fee: R\$45	G\$51
PHI31101	Tu	4/7 - 4/21	6:00 PM - 8:00 PM

Have Questions? Check the FAQ's on PAGE

4

WHO NEEDS PHILOSOPHY?

Roger Cooper

Everyone who works, writes, thinks, does so on the basis of philosophical assumptions. We have ideas about what is really real, how we come to know what we say we know, and how to decide what is true and what is beautiful. In our busy lives, we rarely think about these things. This course is designed to help participants conceptualize and articulate what they believe about the natural world, the world of ideas, and their place in them.

4Day		Lake Miona Recreation Center			Fee: R\$50 G\$56
PHI33101		W		4/8 - 4/29	1:30 PM - 3:30 PM

WISDOM OF AGING

Janet Onnie

Making Meaning of the Aging Process: While aging can provide us with free time and the ability to focus on what is important, it can also present us with challenges and losses. We will be exploring what we are gaining, what we are losing, how our identities change and what it means to us.

6Day		Canal Street Recreation Center			Fee: R\$63 G\$69
PHI22104		W		4/1 - 5/6	1:30 PM - 3:30 PM

YES, YOU CAN UNDERSTAND YOUR DREAMS!

Dr. Frank Ancona

We all dream and wonder about what they mean. But few understand the messages of our dreams and how important they are to our mental, physical, and spiritual well being. This course is an introduction to dream analysis techniques and the major theories of dream interpretation to help students understand their own dreams and even assist others. Students are free to share their dreams—only if THEY wish to do so.

4Day		Lake Miona Recreation Center			Fee: R\$50 G\$56
PHI14108		Th		4/2 - 4/23	2:00 PM - 3:30 PM
PHI14109		Th		7/2 - 7/23	2:00 PM - 3:30 PM

ZEN: BEGINNER

Douglas Dwyer

Beginning Zen is for participants who want to know about this type of meditation. Classes will include lectures, readings, and discussions as well as practical suggestions. The history of Zen, with readings from Bhodharma, Master Dogen, and Suzuki Roshi, will be covered along with current teachers, including Thich Naht Hahn and Pema Chodran. Through the study of Zen precepts, the practice of seated and walking meditation and the use of koans, participants will learn how to use these skills in everyday life.

6Day		Lake Miona Recreation Center			Fee: R\$50 G\$56
PHI34101		Th		4/9 - 5/14	6:00 PM - 7:30 PM

PHOTOGRAPHY

DSLR PHOTOGRAPHY: INTRO

John "Swede" Spoltore

Designed for the owners of digital single lens reflex cameras with removable lens. Emphasis will be on camera features and how to use them – shooting modes, shutter speeds, apertures, white balance, ISO etc. – all explained in an easy to understand manner. Students will take part in photo demonstrations and learn about various photo subject matter, shooting techniques and camera accessories. Photo examples will be presented. Please bring your camera with fully charged batteries to class. Change your photography from being a "Photo Taker" to a "Photo Maker".

4Day		Lake Miona Recreation Center			Fee: R\$100 G\$106
PHO02103		M F		3/30 - 4/10	9:00 AM - 11:00 AM

4Day		Fenney Recreation Center			Fee: R\$100 G\$106
PHO02104		M		6/1 - 6/29	6:30 PM - 8:30 PM

PHOTOGRAPHY: DIGITAL

Ben McIntire

Whether you own a point-and shoot or more advanced DSLR, this class will give you a better grasp of your chosen tool and the skills to make successful images. We will focus on core photographic concepts as well as some more advanced techniques. The course will include hands-on demonstrations and basic digital image editing techniques.

6Day		Lake Miona Recreation Center			Fee: R\$75 G\$81
PHO04103		Tu		4/14 - 5/19	2:30 PM - 5:30 PM
PHO04104		Tu		6/2 - 7/7	2:30 PM - 5:30 PM
PHO04105		Tu		8/4 - 9/8	1:30 PM - 4:30 PM

PHOTOGRAPHY: INTERMEDIATE DIGITAL

James Warner

This class is for people who have experience with a digital camera and basic editing skills. Proven methods are presented to overcome the most common challenges of photographing people, wildlife and travel. Topics covered: the latest camera gear and software, knowing your camera settings, mastering composition, flash, workflow, storage and presentation. The final class is held at a Town Square where the instructor provides one-on-one coaching. Supply fee of \$20 payable to instructor.

5Day		Fenney Recreation Center			Fee: R\$80 G\$86
PHO05103		Tu		4/14 - 5/12	1:30 PM - 3:00 PM

Interested in becoming an instructor or speaker?

Visit www.DistrictGov.org

for more information.



POINT & SHOOT DIGITAL CAMERA

John "Swede" Spoltore

Designed for owners of point & shoot digital cameras with non-removable lens. This class will provide the "Basics" for understanding and using your digital camera – auto vs program mode, scene modes, ISO, white balance and more. This class provides easy to understand camera instruction with class participated demonstrations, subject matter and shooting techniques. Please bring your camera with fully charged batteries to class. Change your "Photo snapshots" into "Photo Memories".

2Day | Fenney Recreation Center Fee: R\$60 | G\$66

PHO03103 M 5/11 - 5/18 9:00 AM - 11:00 AM

PORTRAIT PHOTOGRAPHY: DIGITAL

John "Swede" Spoltore

This is a two part/session digital photography class providing an opportunity for photographers to take their digital portrait photography skills to a higher level concerning camera settings, equipment, lighting, shooting & posing techniques. Session one will be instructional of "How To". Session two will be an actual "Hands On" shooting in which you are invited to bring a family member or friend to photograph using the instructor's professional background and props. Please be sure to bring your cameras with charged camera batteries.

2Day | Lake Miona Recreation Center Fee: R\$60 | G\$66

PHO07101 M 5/25 - 6/1 9:00 AM - 11:00 AM

SCIENCE & ENVIRONMENT

CREATION & EVOLUTION OF THE UNIVERSE

Leroy Avers

This course will cover the beginning and the evolution of our Universe from about one microsecond after the "Big Bang" until the present. We will address star and galaxy formation and our Solar System. We'll study the makeup of atoms and how the chemical elements formed.

6Day | Lake Miona Recreation Center Fee: R\$30 | G\$36

SCI04103 M 4/6 - 5/11 10:00 AM - 11:30 AM

SCI04104 Tu 8/4 - 9/8 10:00 AM - 11:30 AM

EIGHT EVENTS THAT MADE THE WORLD

John Blackwell

In the past few years, we have discovered many earthlike planets circling other stars, but intelligence seems unique to Earth. Since we were in college, eight newly-discovered things about Earth have given us clues why, without assuming technological societies blow themselves up.

8Day | Lake Miona Recreation Center

Fee: R\$80 | G\$86

SCI106102 Tu F 7/14 - 8/7

3:00 PM - 4:30 PM

MEET LOCAL WILDLIFE IN YOUR NEIGHBORHOOD!

James Davis

"Welcome to Florida" We will introduce participants to the many types of animals and native plants found throughout the community and Sumter County. The objective of the course is for you to learn the skills to identify and help protect and conserve Florida's natural resources.

1Day | Rohan Recreation Center

Fee: R\$11 | G\$16

SCI01101 Tu 4/14

9:00 AM - 11:00 AM

SCI01102 M 5/4

9:00 AM - 11:00 AM

SCI01103 Tu 6/9

9:00 AM - 11:00 AM

SCI01104 Tu 7/14

9:00 AM - 11:00 AM

SCI01105 Tu 8/4

9:00 AM - 11:00 AM

SCI01106 Tu 9/15

9:00 AM - 11:00 AM

WHAT IS GLOBAL WARMING?

Dr. Sidney Soclof

The issues of climate change and global warming are of continuing interest and concern. Find out what is global warming and the causes of it including the greenhouse effect. Learn what can be done to minimize global warming and its effects.

6Day | Lake Miona Recreation Center

Fee: R\$35 | G\$41

SCI02102 M F 4/13 - 5/1

1:00 PM - 2:30 PM

Have Questions? Check the FAQ's on PAGE

4



SPORTS

BIKE SAFETY AND SKILLS

Diana Mirkin

Learn to bicycle safely in The Villages, perform basic maintenance on your bike and improve your cycling skills. Taught by instructors certified by the League of American Bicyclists.

3Day | Rohan Recreation Center Fee: R\$10 | G\$16

SPO01120	F	4/10 - 4/24	1:00 PM - 3:00 PM
SPO01121	F	9/11 - 9/25	1:00 PM - 3:00 PM

BILLIARDS: BEGINNER

William Lord

Learn basic billiard techniques, including stance, cue control, aiming and stroke. Cut, bank and combination shots will also be demonstrated. Cue ball manipulation: follow, draw and stop shots will also be taught. Handouts are provided.

6Day | Saddlebrook Recreation Center Fee: R\$55 | G\$61

SPO02112	T	5/5 - 6/9	9:00 AM - 11:00 AM
SPO02113	T	7/21 - 8/25	9:00 AM - 11:00 AM

BILLIARDS: INTERMEDIATE

Kenneth Boguski

Review beginner capabilities. Develop banking, speed control, cut shots, natural position, english. Hands on training and handout materials will be provided.

6Day | Canal Street Recreation Center Fee: R\$55 | G\$61

SPO03111	W	5/6 - 6/10	9:00 AM - 11:00 AM
SPO03112	W	7/22 - 8/26	9:00 AM - 11:00 AM

DRAGON BOAT BASICS ON LAKE MIONA

Stephen Printz

Learn about one of the fastest growing, high energy, "core" focused team sports in the United States – Dragon Boating. In a 50 minute classroom setting, followed by two 60 minutes paddling sessions on Lake Miona and Lake Sumter, you will learn the basics; safety, terms, stroke style, common practice drills, and boat commands. Experience the strength of 20 paddlers paddling as one, feeling the swing of the boat. Requirement: Physically able to step into and out of a boat with little to no assistance. Familiar and comfortable with core and upper body conditioning, climate and water conditions. Contact instructor Steve Printz by email at scprintz@hotmail.com for detailed information and questions.

3Day | Multiple Locations Fee: R\$40 | G\$46

SPO04105	M Tu Th	4/13 - 4/16	Mornings/Times Vary
SPO04106	M Tu Th	5/4 - 5/7	Mornings/Times Vary
SPO04107	M Tu Th	9/7 - 9/10	Mornings/Times Vary

RACE-WALKING FOR BEGINNERS OUTDOOR

Bonnie Stein

Take it outside! Learn & practice new walking techniques that will rev up your walk at a pace that's right for you. Learn how to pick a proper shoe, how to prevent exercise injuries, how to protect your knees and back while walking. Improve your posture, balance, fitness and so much more. You'll learn Olympic race-walking tips to make your own walk faster and safer and give you an equivalent workout to running, still while walking. Beginners are welcome!

6Day | Lake Miona Recreation Center Fee: R\$108 | G\$114

SPO07110	F	4/3 - 5/8	9:00 AM - 10:30 AM
SPO07111	F	6/7 - 7/10	8:00 AM - 9:30 AM

6Day | Riverbend Recreation Center Fee: R\$108 | G\$114

SPO07112	Sa	4/4 - 5/9	9:30 AM - 11:00 AM
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6Day | Rohan Recreation Center Fee: R\$108 | G\$114

SPO07108	Tu	4/7 - 5/12	4:00 PM - 5:30 PM
SPO07109	Tu	6/2 - 7/7	6:30 PM - 8:00 PM

Have Questions? Check the FAQ's on PAGE 4

RACE-WALKING FOR BEGINNERS INDOOR

Bonnie Stein

Learn & practice new walking techniques that will rev up your walk at a pace that's right for you. Learn how to pick a proper shoe, how to prevent exercise injuries, how to protect your knees and back while walking. Improve your posture, balance, fitness and so much more. You'll learn Olympic race-walking tips to make your own walk faster and safer and give you an equivalent workout to running, still while walking. Beginners are welcome!

6Day | Eisenhower Recreation Center Fee: R\$108 | G\$114

SPO09101 Sa 7/11 - 8/15 1:00 PM - 2:30 PM

WALK BETTER, MOVE BETTER, FEEL BETTER

Bonnie Stein

Whether you use walking as exercise or just to get from place to place, there are walking techniques that can improve your posture, balance, mobility, and even your pace. Research shows that walking pace matches up with longevity. Good walking techniques can keep you from tripping if you practice what you learn. You'll learn how to protect your knees and back, and how to get more benefit from your walking.

6Day | La Hacienda Recreation Center Fee: R\$90 | G\$96

SPO08101 Th 4/16 - 5/21 12:30 PM - 1:30 PM

TECHNOLOGY

A ROAD MAP FOR CUTTING THE CORD

Tony Crawford

Are you looking for a way to reduce your ever increasing Internet, TV, Landline & Mobile bills? You will learn how to save hundreds (if not thousands) of dollars every year with this practical Road Map for Cutting the Cord. The Pros and Cons of various streaming devices and streaming options will be examined and the cost saving steps that you can follow will be identified, taking into account your very specific needs in all the areas.

2Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

TEC35106 Sa 4/18 - 4/25 9:00 AM - 11:00 AM
TEC35107 Sa 5/16 - 5/23 9:00 AM - 11:00 AM

APPLE iPhone FOR ABSOLUTE BEGINNERS

Tony Crawford

Learn how to customize the key Settings on your iPhone, sync and back it up to iCloud, and how to start using the many useful free Apple apps and tools (including Mail, Safari, Messages, Phone, Camera, Photos, Notes, Contacts, Find My, Magnifier, Screenshot and more). Bring your fully charged iPhone (and iPad if you have one), as well as your Apple and Email passwords.

2Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

TEC41101 W 4/22 - 4/29 1:00 PM - 3:00 PM
TEC41102 W 5/20 - 5/27 1:00 PM - 3:00 PM

APPLE CAMERA & PHOTOS FOR THE iPhone/iPAD

Tony Crawford

Learn how to use all the features of the camera in your iPhone and iPad and then how to access those photos in the Photos app, organize them, and share your photo albums with family and friends.

1Day | Lake Miona Recreation Center Fee: R\$25 | G\$31

TEC36106 Sa 4/18 11:30 AM - 1:30 PM
TEC36107 Sa 5/16 11:30 AM - 1:30 PM

APPLE CONTACTS & CALENDARS FOR THE iPhone/iPAD

Tony Crawford

Learn how to use the many useful features in the Apple Contacts and Calendars apps on your iPhone and iPad, sync them and access them across all your devices, and easily share appointments and calendars with your family and close friends, using iCloud.

1Day | Lake Miona Recreation Center Fee: R\$25 | G\$31

TEC40101 W 4/1 2:00 PM - 4:00 PM

CREATE YOUR OWN PHOTO BOOKS

Tony Crawford

Learn how to create your very own personalized Photo Books in two fully hands-on learning sessions. Document and share the photo memories of your family, vacations, weddings, anniversaries and the many other special events in your life. Using free and easy to use software on your laptop (PC or Mac) in the classes, you can turn your chosen photos into a treasured book suitable for your coffee table and for sharing with your friends and family.

2Day | Lake Miona Recreation Center Fee: R\$50 | G\$56

TEC42101 Tu 4/7 - 4/14 10:00 AM - 12:00 PM
TEC42102 Tu 5/19 - 5/26 10:00 AM - 12:00 PM

APPLE MACBOOK: PART 1

Sandy Seibert

Basics including the Menu Bar, Desktop, Dock, and Safari. Bring your fully charged Apple MacBook to class and Apple ID & password. Any questions, please call the instructor at 352-259-9295.

4Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

TEC33103 Tu Th 4/21 - 4/30 11:30 AM - 1:30 PM

APPLE MACBOOK: PART 2

Sandy Seibert

App Store, Cut/Copy/Paste, Maps, Photos, Calendar, FaceTime, and Siri. Bring your fully charged Apple MacBook to class and Apple ID & password. Prerequisite: Apple MacBook - Part 1. Any questions, please call the instructor at 352-259-9295.

4Day | Lake Miona Recreation Center Fee: R\$100 | G\$106

TEC34103 Tu Th 5/5 - 5/14 11:30 AM - 1:30 PM

*Course Supply Fee - In addition to class fee.

iPAD FOR SENIORS: PART I

Sandy Seibert

Basics, Home screens, Onscreen Keyboard, App Switcher, Control Center, Settings, AppStore, Safari, Contacts/Mail. Bring your fully charged iPad, Apple ID, & password to class. Any questions, please call the instructor at 352-259-9295.

4Day	Lake Miona Recreation Center	Fee: R\$100 G\$106
TEC01114	Tu Th 6/2 - 6/11	11:30 AM - 1:30 PM

iPAD FOR SENIORS: PART II

Sandy Seibert

Maps, Camera, Photos, Calendar, FaceTime, and Siri. Bring your fully charged iPad, Apple ID & password to class. Prerequisite: iPad Part 1. Any questions, please call the instructor at 352-259-9295.

4Day	Lake Miona Recreation Center	Fee: R\$100 G\$106
TEC16114	Tu Th 6/16 - 6/25	11:30 AM - 1:30 PM

iPHONE BASICS

Sandy Seibert

Use Keypad, Contacts, Favorites and Recents to make calls. Also, Voicemail, Safari, AppStore and Mail. Bring your fully charged iPhone, Apple ID & password to class. Any questions, please call the instructor at 352-259-9295.

4Day	Lake Miona Recreation Center	Fee: R\$100 G\$106
TEC26107	Tu Th 6/16 - 6/25	9:00 AM - 11:00 AM

WINDOWS 10: PART 1

Sandy Seibert

Basics, terminology, operating system, Windows Store, Microsoft Edge, Start Menu and Desktop. Bring your fully charged Windows 10 laptop to class. If you have any questions, please call the instructor at 352-259-9295.

4Day	Lake Miona Recreation Center	Fee: R\$100 G\$106
TEC06115	Tu Th 4/21 - 4/30	9:00 AM - 11:00 AM

WINDOWS 10: PART 2

Sandy Seibert

Start Menu and Desktop personalization, Snipping Tool, Edge Notes, disk cleanup, anti-virus and settings. Bring your fully charged Windows 10 laptop to class. Prerequisite: Windows 10 - Part 1. Any questions, please call the instructor at 352-259-9295.

4Day	Lake Miona Recreation Center	Fee: R\$100 G\$106
TEC07114	Tu Th 5/5 - 5/14	9:00 AM - 11:00 AM

WINDOWS 10: PART 3

Sandy Seibert

Cut/Copy/Paste; manage folders and files, attach and save files in email, use a USB drive. Bring fully charged Windows 10 laptop to class. Prerequisite: Windows 10 - Part 1. Any questions, please call the instructor at 352-259-9295.

4Day	Lake Miona Recreation Center	Fee: R\$100 G\$106
TEC15112	Tu Th 6/2 - 6/11	9:00 AM - 11:00 AM

TRAVEL

AMERICA'S NATIONAL PARKS

Carol Spears

Learn "Through a Ranger's Eyes" about your National Parks. View gorgeous slides of stunning landscapes and wildlife of select parks. Learn best times, ways to visit and personal insights you won't find in travel brochures.

6Day	Eisenhower Recreation Center	Fee: R\$75 G\$81
TRA01112	Th 4/2 - 5/7	1:30 PM - 3:30 PM

BECOMING A SAVVY TRAVELER

Edward Ford

This course is all about traveling safely and inexpensively. Attendees will learn many ways to obtain free or greatly reduced airfares, hotels, vacation packages, cruises and more. Participants receive hundreds of tips on planning, packing, dining and sightseeing. Special emphasis provided on safety and traveling as a single.

1Day	Lake Miona Recreation Center	Fee: R\$15 G\$21
TRA10104	W 4/29	8:30 AM - 11:30 AM
TRA10105	W 5/27	8:30 AM - 11:30 AM
TRA10106	W 7/29	8:30 AM - 11:30 AM

JOURNEY AROUND THE "OTHER SIDE OF EUROPE"

Dr. Sidney Soclof

The Mediterranean on the south side of Europe is a favorite region for travel and vacation, but the north side around the Baltic and North Sea with Russia, the Scandinavian Countries, Germany, the Netherlands, Belgium, France and the UK are also of great interest. Learn about this region, its geography and many points of interest.

6Day	Lake Miona Recreation Center	Fee: R\$35 G\$41
TRA09102	M F 6/1 - 6/19	1:00 PM - 2:30 PM

JOURNEY AROUND THE MEDITERRANEAN

Dr. Sidney Soclof

Take a trip around the shores of the Mediterranean Sea from the west with Spain, Gibraltar and France, to Italy in the middle, and then to the east with Greece, Turkey, Israel and Egypt. Learn about the history, geography, and points of interest in this region that was so important in the development of Western civilization and remains of great interest today.

6Day	Lake Miona Recreation Center	Fee: R\$35 G\$41
TRA03106	M F 8/3 - 8/21	1:00 PM - 2:30 PM

Interested in becoming an instructor or speaker? Visit www.DistrictGov.org for more information.



SOUTHWEST NATIONAL PARKS

Carol Spears

Over 30 National Park Service sites are scattered throughout the four corner states in our great American Southwest. Come explore animals and plants that find their homes in these wild places, share in stunning vistas preserved for you to enjoy, and immerse yourself in stories of ancient cultures dating back thousands of years.

3Day | Lake Miona Recreation Center Fee: R\$38 | G\$44
 TRA05108 W 4/8 - 4/22 6:30 PM - 8:30 PM

UPPER MIDWEST NATIONAL PARKS

Carol Spears

Come to America's North Country; discover national parks in Wisconsin, Minnesota, and Michigan. National Parks here preserve rich wildlife, ancient forests, immense wetlands, and intriguing history. Make the most of your travel plans to the upper Midwest. No Class May 6, 2020.

3Day | Lake Miona Recreation Center Fee: R\$38 | G\$44
 TRA06107 W 4/29 - 5/20 6:30 PM - 8:30 PM

WESTERN NATIONAL PARKS

Carla Traudt

Thinking of taking a tour of the National Parks on your own or with a commercial tour company? What should you pack and what should you leave behind? Wondering what the lodging, available services, and the dining options will be like in the National Park you will visit? Join me for a discussion and slide presentation that focuses on the Western National Parks.

1Day | Eisenhower Recreation Center Fee: R\$25 | G\$31
 TRA11101 F 4/3 10:30 AM - 12:00 PM

1Day | La Hacienda Recreation Center Fee: R\$25 | G\$31
 TRA11102 F 4/10 10:30 AM - 12:00 PM



WRITING

SONG WRITING FOR GUITARISTS

David Williams

Thought you'd always like to write songs? Here is an introductory course to get you started. Bring your own guitar and ideas.

6Day | Fenney Recreation Center Fee: R\$100 | G\$106
 WR104102 M 7/6 - 8/10 10:30 AM - 11:30 AM

SPIRITUAL MEMOIR

Patricia Charpentier *Course Supply Fee - In addition to class fee.

Learn what spiritual memoir is and some approaches to writing it. Discover the power of writing the daily moments of wonder, dramatic occurrences that forever change lives, and deep, gradual beliefs formed over time.

4Day | Rohan Recreation Center Fee: R\$63 | G\$69
 WR109101 Th 4/30 - 5/21 11:00 AM - 1:00 PM

WRITE YOUR LIFE

Patricia Charpentier

Learn some of the many approaches to writing your life stories, how to retrieve long-forgotten memories, painlessly organize your stories, tell an anecdote in an interesting and creative way, and so much more.

4Day | Rohan Recreation Center Fee: R\$63 | G\$69
 WR102107 Th 4/30 - 5/21 2:00 PM - 4:00 PM

NEVER STOP **LEARNING,**
 KEEP ON **GROWING!**

Have Questions? Check the FAQ's on PAGE **4**

*Course Supply Fee - In addition to class fee.

Coming soon

Michael Tougias | March 12, 2020 | Lake Miona
Overboard! A Survival at Sea Story

Dianne Jacoby | April 9, 2020 | Rohan
Ophelia, Florida Suffragette

Gary Powers | April 15, 2020 | Everglades
Spy Pilot: The U2 Incident and a Controversial Cold War Legacy

Jennifer Collins | May 7, 2020 | Everglades
Florida's Wild and Wonderful Weather

Gayle Cohen | May 14, 2020 | Rohan
The Healing Power of Music

William & Sue Wills | September 22, 2020 | Savannah Rec
President's and Their First Ladies

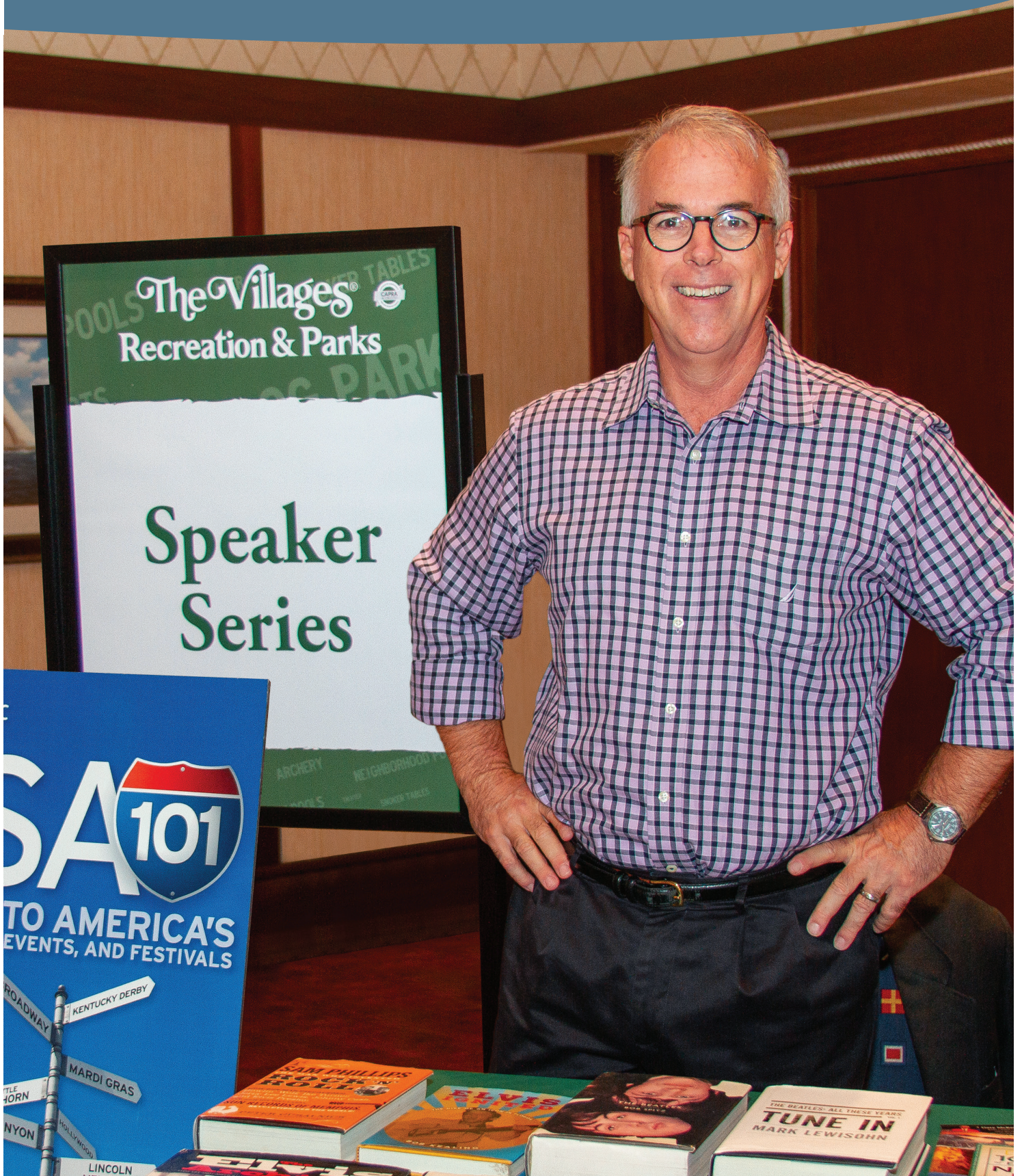
**Become a speaker for
The Enrichment Academy!**

Visit www.DistrictGov.org for more information and speaker applications.

NOW

REGISTER

- IN PERSON: All Regional Recreation Centers
 - ONLINE: www.DistrictGov.org
- CLICK ON DEPARTMENTS>CLICK ON RECREATION>CLICK ON REGISTER NOW!





CLASS SCHEDULE

APRIL

JULY

MAY

AUGUST

JUNE

SEPTEMBER

REGISTRATION INFORMATION

The Enrichment Academy is committed to helping participants acquire knowledge for growth in mind, body, or spirit. Prior to registering, we encourage you to become familiar with our Registration Information Guidelines.

Registrations: Course registrations are on a first-come, first-served basis. Being mindful of course start times and registration periods will help with registration deadlines. Registrations are complete when payment information has been received and confirmed. The Enrichment Academy guarantees seats to only those with payment.

How to Register: For your convenience, we have 3 easy ways to register.

Online - www.DistrictGov.org. View the curriculum and register 24/7.

In-person - Walk-in registrations available at Regional Recreation Centers from 8:30am-4pm Monday-Friday and 8:30am-12pm Saturday & Sunday (select locations).

Mail - You may mail a completed registration form to: The Enrichment Academy, 984 Old Mill Run, The Villages, FL 32162. Do not mail cash as a form of payment. Please remember, mailing your registration does not guarantee you a spot in a course.

We encourage you to call (352)674-1800 to confirm your registration is received. Please allow 3-5 business days after mailing before calling.

Accepted Forms of Payment: Cash, check made payable to "VCCDD," MasterCard, Visa, & Discover.

Fees: Course fees are noted with each advertised course, and are collected at time of registration. Please note that some courses also call for supplies or supply fees at an additional cost to the participant. Supply fees are to be paid to the instructor the first day of class and are nonrefundable. There is a \$30 fee imposed per item for returned checks.

Course Confirmations: Participants will receive course confirmation within 5 business days of completed registration. If you do not receive a confirmation, contact The Enrichment Academy TheEnrichmentAcademy@DistrictGov.org to request a copy. Review your course information to ensure you're registered for the desired course correctly.

Course Cancellation/Change Policy: Although we make every attempt not to cancel events, The Enrichment Academy reserves the right to change any schedule without advance notice, or cancel any course that does not meet minimum enrollment requirements. We reserve the right to postpone or combine courses, limit registrations, and to change instructors. Participants are notified of any cancellations and

receive a full refund, which will be issued by check or credit card. It may take up to thirty (30) business days for a cancellation refund to be processed.

Refund Policy: All participant driven refunds are subject to a cancellation penalty (50% of advertised course fee) per event. The Enrichment Academy must be notified up to six (6) full business days prior to the first day of the event (not counting the day of class) for eligible refund. Eligible refund amount is 50% of the advertised course fee.

- Not all requests for refunds can be accommodated.
- Refund policies are enforced regardless of the number of students registered for the course.
- No refunds are possible after six (6) business days prior to the first day of the event or thereafter.
- Registrations are not transferable between participants.
- It may take up to thirty (30) business days for a refund to be processed.
- Refunds will be issued by check or credit card.
- Any membership or supply fees are non-refundable.
- No other refunds or credits will be granted, for any reason, at any time.
- No discount will be given for missed classes, or if participant is unable to attend a rescheduled make-up class.

To request a refund, email

*TheEnrichmentAcademy@DistrictGov.org
or call (352) 674-1800 8:30am-4pm Monday- Friday.*

Transfer Policy: All participant driven transfers are subject to a \$10 non-refundable transfer fee* per event if The Enrichment Academy is notified up to six (6) full business days prior to the first day of the event being transferred out of (not counting the day of class).

- Not all requests for transfers can be accommodated, and completion of transfer depends on space availability of event requested to be transferred into.
- Transfer policies are enforced regardless of the number of students registered for a course.
- No transfers are possible after six (6) business days prior to the first day of the event or thereafter.
- The transfer business day policy applies to the event being transferred out of, not being enrolled into.

To request a transfer, email

*TheEnrichmentAcademy@DistrictGov.org
or call (352) 674-1800 8:30am-4pm Monday- Friday.*



Wait List: If a course is full, you may request to be placed on a waiting list. If space becomes available, you will be contacted with an option to register. Payment will be collected at that time. Please do not attend a course unless you have registered. Wait List status DOES NOT enroll you into a course or automatically place you in the next available course.

Make-up Classes: Postponed classes by instructor, or postponements due to emergencies, holidays or special activities, will be made up by the instructor. Class dates missed by the participant will not be made up.

Requests for Accommodations: The Villages Community Development Districts (VCDD) will in compliance with the law, upon request, provide appropriate aids and services leading to effective communication for qualified persons with disabilities so they can participate equally in VCDD programs, services, and activities, including qualified sign language interpreters, assistive listening systems, documents in braille, and other ways of making information and communications accessible to people who have speech, hearing, or vision impairments. The type of auxiliary aid or service provided will vary in accordance with the length and complexity of the communication involved.

Any individual registered for a class with The Enrichment Academy who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate must:

- Indicate on registration form at time of registration that they require an accommodation.
- Contact The Enrichment Academy as soon as possible, but no later than 72 hours before the scheduled event.

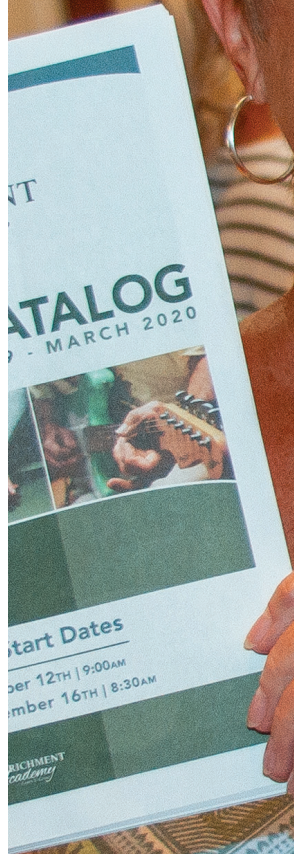
While the VCDD will attempt to give primary consideration to the request of the individual, some of the accommodation requests offered by the VCDD include:

- Assisted Listening Systems – Assisted listening systems are available at all facilities operated by the VCDD.
- Qualified Interpreters – The VCDD will provide a qualified interpreter, upon request, in compliance with the law.
- Other Auxiliary Aids & Services – Additional services offered by the VCDD include: Screen readers, talk-to-text services, written materials, materials in electronic format (compact disc with materials in plain text or word processor format)

To request an accommodation, email TheEnrichmentAcademy@DistrictGov.org, call (352) 674-1800 8:30am-4pm Monday- Friday, or by mail at: 984 Old Mill Run, The Villages, FL 32162

This catalog is intended as a general guide for the organization, programs, courses, and policies, all of which are subject to change without notice. We regret any errors in printing, but accept no liability for them. All information contained in this catalog should be verified with The Enrichment Academy.

The Enrichment Academy is a self-supporting department, with income supplied from the course fees. No other funds are received for the operations or curriculum of The Enrichment Academy.



REGISTER FOR A CLASS TODAY!

The Enrichment Academy is committed to helping participants acquire knowledge for growth in mind, body, or spirit. It is a self-supporting department, with income supplied from the course fees. No other funds are received for the operations or curriculum of The Enrichment Academy. Prior to registering, please become familiar with our Registration Information Guidelines.

Course registrations are on a first-come, first-served basis. Being mindful of course start times and registration periods will help with registration deadlines. Registrations are not complete until payment information has been received and confirmed. The Enrichment Academy is unable to hold seats in a course without payment.

ONLINE

www.DistrictGov.org

BY MAIL

The Enrichment Academy
984 Old Mill Run
The Villages, FL 32162

IN-PERSON

REGIONAL RECREATION CENTERS

MONDAY - FRIDAY | 8:30AM - 4:00PM

SATURDAY & SUNDAY | 8:30AM - 12:00PM

The Villages®

Community Development Districts

Special accommodations are offered at The Enrichment Academy, by request.

ASSISTED LISTENING SYSTEMS — QUALIFIED INTERPRETERS

AUXILIARY AIDS & SERVICES — SCREEN READERS — TALK-TO-TEXT SERVICES

WRITTEN MATERIALS — ELECTRONIC FORMAT MATERIALS

To request an accommodation, contact The Enrichment Academy at (352) 674-1800, email TheEnrichmentAcademy@DistrictGov.org, or mail to:
The Enrichment Academy - 984 Old Mill Run, The Villages, FL 32162



REGISTRATION FORM

(Print Clearly)



Name (Last, First, Middle): _____ Date: _____

Resident ID # (If Applicable): _____

Address: _____

City: _____ State: _____ Zip: _____ Village: _____

Email: _____ Phone: _____

Contact In Case of Emergency:

Name (Last, First, Middle): _____

Relationship to you: _____ Phone: _____

By registering, I agree to INDEMNIFY AND HOLD HARMLESS The Villages of Lake-Sumter, Inc., The Villages Holding Company, The Villages Operating Company, The Village Center Community Development District, Sumter Landing Community Development District, Village Community Development Districts Nos.1-14, The Villages Recreation Department, The Villages Golf Department, State of Florida Sports Foundation, and any sponsor, advertiser, and promoter of any recreational activities, or events of such entities (collectively, district activity or activities), and any owner or lessee of the premises where The District activity or The Enrichment Academy classes, events, or other activities from and against any loss, liability, damage or cost that I or any of my guest may incur due to participation or involvement in or presence at any District Activity or The Enrichment Academy, whether caused by negligence, action or inaction of releases, or other individual or entity.

Course Refund Policy:

All participant requested refunds are subject to a 50% cancellation penalty per event if The Enrichment Academy is notified up to six (6) full business days prior to the first day of the event (not counting the day of class).

- Not all requests for refunds can be accommodated.
- Refund policies are enforced regardless of the number of students registered for the course.
- No refunds are possible after six(6) business days prior to the first day of the event or thereafter.
- Registrations are not transferable between participants.
- It may take up to thirty (30) business days for a refund to be processed.
- Refunds will be issued by check or credit card.
- Any membership or supply fees are non-refundable.
- No other refunds or credits will be granted, for any reason, at any time. No discount will be given for missed classes, or if participant is unable to attend a rescheduled make-up class.

Course Transfer Policy:

All participant driven transfers are subject to a \$10 non-refundable transfer fee* per event if The Enrichment Academy is notified up to six (6) full business days prior to the first day of the event being transferred out of (not counting the day of class).

- Not all requests for course transfers can be accommodated, and completion of transfer depends on space availability of event requested to be transferred into.
- Transfer policies are enforced regardless of the number of students registered for a course.
- No transfers are possible after six (6) business days prior to the first day of the event or thereafter.
- The transfer business day policy applies to the event being transferred out of, not being enrolled into.

There is a \$30 fee* per item for returned checks.

Accommodation Requests:

____ To take course(s) registered for, I need accommodations. I have read the requests for accommodations information on the registration information page and know I must also contact The Enrichment Academy by phone, email, or mail to request an accommodation no later than 72 hours before each scheduled event I have registered for.

Describe Request:

Course Information:

Course #	Title	Start Date	Fee
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Payment Options:

___ Cash ___ Credit Card ___ Check (Payable to VCCDD) Check #: _____
Total Amt: _____

CC #: _____ SC: _____ Exp ___ / ___

Billing Address: _____ Zip Code _____

Name as it appears on card: _____

Signature: _____

Office Use Only

___ Walk ___ Mail

Date: _____

Time: _____ Initials: _____

3 Ways to Register

<p>Online: www.DistrictGov.org</p> <p>Mail To: The Enrichment Academy 984 Old Mill Run The Villages, FL 32162</p>	<p>In-Person: Walk-in registrations available at Regional Recreation Centers Monday-Friday 8:30AM-4PM</p>
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